



Winter & Spring Workshops

Presented by Banbury Institute and Idaho's Bounty

Workshops

[Chicken and Egg Workshop](#)

[Herbal Medicine Workshop](#)

[Greenhouse Workshop](#)

Mark your calendar for our



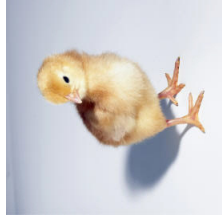
Vision Fast

April 24th to May 2nd

For over ten years, Michael Ryan and James Reed have been leading a

Chicken and Egg Workshop

Saturday Jan. 30th at 11:00 am



Join bird man Arden Schmitt and other egg, poultry and bird folks (beginner to advanced), for an information filled day at Arden's wonderful farm.

Location: 1421S-1800E Gooding

Cost: \$20.00

Please bring a pot luck dish to share. Please sign up early as space is limited. We will coordinate carpooling to Arden's house.

Herbal Medicine Workshop

with Jim and Meryl Flocchini of Two Ravens Herbs

Saturday Feb. 6th - 9:30am-5:00pm



Jim and Meryl of Two Ravens Herbs

powerful ceremony and journey of self-discovery in the back country of Idaho and Utah. Over the course of nine days, participants learn profound truths about themselves and life from the greatest teacher of all, Mother Nature. At the center of the experience is a VISION FAST- up to four days and nights alone in the desert - in which the seeker faces his or her deepest fears and discovers inner resources of strength and wisdom that will last a lifetime.

We only offer this experience every couple of years, when the time is right and the participants are ready. Given the uncertainty of the times, we feel this is an important offering to extend to our community now. If you are facing an important transition in your life, or seeking a new understanding of your life's direction and purpose, there is no greater gift you could give yourself.

\$650

Space is limited, call James for more info.



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in Kooskia, Idaho, will be teaching a Medicinal Herb Workshop at Banbury Hot Springs, located on the Snake River in the Hagerman Valley.

The workshop will be broken into 3 parts:

1. Sustainable garden/farm practices with an emphasis on growing medicinal herbs.
2. A hands-on demonstration on how to create a healing herbal salve - that participants can take home.
3. Medicinal mushrooms and herbs for the immune system.

Cost: \$35.00

Please bring a sack lunch and if you'd like to take advantage of the beautiful hot springs, don't forget a bathing suit!

Please sign up early as space is limited.

Greenhouse Workshop and Tour

w/ Dale Bates of Living Achitecture and James Reed



Dale Bates and James Reed will facilitate this two day Greenhouse Workshop. Bring your projects or ideas and share them with others in the group. We will be exploring a variety of greenhouse concepts, along with looking at several existing working greenhouses in the

area.

Saturday March 6th - 9:30am-5:00pm

Future Workshops

(dates to be determined)

SEEDS AND SEED SAVING

with Bill McDorman of High Altitude gardens

IDAHO PERMACULTURE DESIGN COURSE

Please let James know if you are interested in pre-registering for one of these workshops.

Links

Idaho's Bounty Co-op
Two Ravens Herbals

[Email James Reed](#)

[Forward email](#)



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The workshop and discussion will be located at Steve and Kathleen Wilson's home in Bellevue Farms (South of Bellevue) at 122 Quarter Horse Dr.

Sunday March 7th - 12:30 to 4:00pm

We will meet at Arden Schmitt's farm in Gooding at 12:30 to see his greenhouse and then we will be traveling to Buhl to look at three other greenhouses.

Cost: \$35.00 for both days, \$20.00 for Sunday's tour only.

Please bring a sack lunch and water.
Sign up early as space is limited.

For more information and to register for a workshop, please contact James Reed at jamescreed@mindspring.com or call 208.543.9987 (home) or 208.720.0673 (cell)

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