

Idaho's Bounty Food Co-op, Inc. March 2010 List of All Products

** Charity **

Charitable Donation

#	Product	Type	Price
Idaho's Bounty			
	Donation to help purchase local food for those in need		
#228	Order number of donations. This is a donation that will go to the Hunger Coalition (Wood River Valley - www.thehungercoalition.org) to buy food for individuals and families who cannot afford it.	All Natural	\$5.00/donation
	Donation to help purchase local food for those in need		
#2057	Order number of donations. This is a donation that will go to the Hunger Coalition (Wood River Valley - www.thehungercoalition.org) to buy food for individuals and families who cannot afford it. Donations at this level are eligible for tax deductions. Please make checks out to Idaho's Bounty / KCDC (Ketchum Community Development Corporation) and put Hunger Coalition in the subject line. The KCDC is our 501c3 partner.	All Natural	\$500.00/donation
	Volunteer Appreciation Fund		
#229	Order number of donations. Order number of donations. Don't have time to volunteer but want to help? This donation contributes greatly to the health and enjoyment of our volunteers on delivery day who make this all possible. Your contribution will be used to purchase yummy nutritious lunch food for our volunteers.	All Natural	\$5.00/donation

Vegetables

Cucumbers

#	Product	Type	Price
Soft Touch Greenhouse			
	English mini cucumber (hydroponic)		
#2220	Order number of bags. 5 cucumbers to the bag Seedless, burpless, young tender cucumbers that are 4"-7" in length, and 1"-1 1/4" in diameter. No need to peel. They are good as a snack or as an addition to a meal. Following is a recipe that we have enjoyed. Cucumber Soup: Saute' in a large skillet 3 cups sliced cucumbers, 1/2 cup onion, minced, and 2 tablespoons butter. To the skillet add 1 teaspoon salt, 1 tablespoon flour, 2 cups chicken broth, juice of 1 lemon, and a pinch of dried dill weed. Puree and chill. Then add 1 cup sour cream and 1 cucumber finely diced. Serve cold.	All Natural	\$4.54/bag

Greens and Lettuces

#	Product	Type	Price
Fair Mountain Farm			
	Spinach(1/2 pound bag)		
#1017	Order number of bags. This is not the flat, smooth leaf variety, but the old time crinkly, crunchy, crisp, alive-in-your-mouth type that good home gardeners raise. We can never grow enough to satisfy demand! Brimming with vitamins & minerals.	All Natural	\$6.61/1/2# bag

Onsen Farm: Winter Gardens

	Mixed bouquet of Edible flowers		
#2276	Order number of Bouquets. Our beautiful bouquet of edible flowers include Calendula, Marigold, and Bachelor Buttons. Use for your center piece or eat the petals in your salad, a la Monsoon Wedding.	All Natural	\$4.00/Bouquet
#1001			\$4.00/Bunch

	Rainbow Swiss Chard Order number of Bunches. Eat raw or stir fry with garlic in a little oil. Weight is a little under 1/2 lb.	All Natural	
	Salad Mix Order number of 1/2 pounds. Wonderful tasty young mix of lettuce, arugula and baby spinach, grown in our geothermal heated greenhouse in the Hagerman Valley. All of our produce is grown with organic methods.	All Natural	\$6.90/1/2 pound
#2139			
	Spinach Order number of bags. Fresh spinach grown in our Hagerman Valley green house. Grown using organic methods, not certified organic		\$3.97/1/4 lb
#384			

Purple Sage Farms Inc.

	Arugula 4 oz Order number of bags. Arugula's hot, spicy, peanut-like flavor is one that I marvel at each time I eat it.	Certified Organic	\$4.00/bag
#617			
	Broad-leaf Garden Cress 4 oz Order number of bags. This tender green tastes like the red-hots cinnamon candy. It is not ordinary and can really add character to your salads or other foods. Slightly hot but full of flavor.	Certified Organic	\$4.00/bag
#2360			
	Purple Sage Gourmet Salad 4 oz. Order number of bags. Our salad is an ever-changing mixture of fresh lettuces, flavored greens that shows what is possible to do with salads. Enjoy exploring the colors, shapes, and flavors.	Certified Organic	\$4.00/bag
#631			
	Red Asian Mustard 4 oz. Order number of bags. This is the spicy hot one! Wonderful in salads but also to use as wraps containing other ingredients. We often serve this as an appetizer, with other fun foods wrapped inside the leaf.	Certified Organic	\$4.00/bag
#627			
	Red Russian Kale 4oz. Order number of bags. Excellent for fresh use or cooking.	Certified Organic	\$4.00/bag
#2359			
	Spinach 1 lb. Order number of bags. New season spinach.	Certified Organic	\$10.00/bag
#1567			
	Spinach 4oz. Order number of bags. This is a very nice and succulent spinach. Washed and ready to eat.	Certified Organic	\$4.00/bag
#630			
	Totsoi 4 oz. Order number of bags. This Asian green has a light mustard flavor. Great in salads as an addition for flavor and interest.	Certified Organic	\$4.00/bag
#2342			

Onions

#	Product	Type	Price
	Kings Crown Organics		
#105	Red Onions Order number of bags.	Certified Organic	\$2.07/3 pound bag
#106	Red onions Order number of bags.	Certified Organic	\$17.25/25 pound bag
#893	yellow onions Order number of bags.	Certified Organic	\$2.30/3lb.

MM Heath Farms Inc.

	Fresh leeks Order number of leeks. organic leeks fresh out of the ground, they have survived the winter well. We will bundle smaller ones to equal a larger one.	Certified Organic	\$2.30/leek
#31			

Potatoes

#	Product	Type	Price
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Kings Crown Organics

#895	russet potato Order number of bags.	Certified Organic	\$3.22/5lb.
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MM Heath Farms Inc.

#715	Potatoes, Baby Red, 25# Order number of boxes. 25 lbs carton "C" size organic red potatoes	Certified Organic	\$26.45/25# box
#1367	Frozen Yukon Gold Buffalo Fries Order number of bags. Organic yukon potatoes thinly cross cut, pre-cooked and frozen. Thaw and ready for the frying pan or scalloped potatoes	Certified Organic	\$2.88/2# bag
#1366	Frozen Yukon Gold hash browns Order number of bags. Pre-cooked organic Yukon hash browns, frozen. Thaw them and they are ready for the skillet.	Certified Organic	\$2.88/2# bag
#1246	Organic Potatoes, Annabelle, 2.5# Order number of bags. Yellow skin, yellow flesh, claimed to be one of the three best flavored potato in Europe,	Certified Organic	\$2.88/2.5# bag
#25	Potatoes, fingerlings, Russian Banana, 2.5# Order number of bags. yellow flesh with yellow skin, extra creamy texture, rich taste.	Certified Organic	\$6.04/2.5 lb. bag
#23	Potatoes, milva, 5# Order number of bags. Yellow skin, yellow flesh, an exceptional salad potato	Certified Organic	\$5.75/5 lb. bag
#1046	Potatoes, new reds, 2.5# Order number of bags. Organic new red potatoes	Certified Organic	\$3.74/2.5 lbs bag
#1656	Potatoes, New Yukons, 2.5# Order number of bags. Organic New Yukon Potatoes, 2.5 lbs	Certified Organic	\$3.74/2.5# bag
#127	Potatoes, red, 25# Order number of boxes. 25 pound box	Certified Organic	\$23.00/25# box
#15	Potatoes, red, 5# Order number of bags. Organic red potatoes	Certified Organic	\$5.46/5 lb. bag
#1863	Potatoes, Yukon Gold, 25# Order number of boxes. Organic Yukon Gold potatoes, 25# box	Certified Organic	\$23.00/25# box
#1985	Potatoes, yukon, 5# Order number of bags. organic yukon spuds, 5# bags	Certified Organic	\$5.46/5# bag
#1247	Special!!, Potatoes, Baby Annabelle, 5# Order number of bags. Organic "C" size annabelle potatoes	Certified Organic	\$3.45/5# bag
#24	Special!!! Potatoes, red lady, 2.5# Order number of bags. Light red skin, yellow flesh, very good taste	Certified Organic	\$3.22/2.5 lb. bag

Springs of Life

#1462	Potatoes Russetts Order number of 5 lb/ bags. Grown from my garden using organic methods. They are nice and solid and ready to be prepared for any meal.	All Natural	\$5.00/5 lb
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Root Vegetables

#	Product	Type	Price
Prairie Sun Farm			
#356	baby red beets Order number of bags. gourmet size, pretty little red beets, about golf-ball size. Perfect for roasting or pickling whole. 7-8 per bag. These have been "topped" due to frost so there is a reduced price.	All Natural	\$3.74/bag
#683	Chioggia beets Order number of bunches. Pink striped, Turn pink when cooked. Sweet and milder than red beets. Mostly small to medium sized beets. They are topped due to the weather. The cold has made them really sweet!	All Natural	\$4.31/bunch
#932	LONG red beets Order number of bags. Dark red, mostly medium to large sized beets. Approximate weight	All Natural	\$4.02/bag

per bag is 30 ounces. Long shape is interesting and good for slicing.

#957	Tiniest of the baby red beets Order number of bags. 12 tiny sweet baby red beets. Have been topped for storage.	All Natural	\$3.74/bag
#1086	Very tiny chiogga beets Order number of bags. Bag of 10 baby size sweet pink-striped beets. Topped for storage.	All Natural	\$4.02/bag

Tomatoes

#	Product	Type	Price
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Hagerman High School Greenhouse

Cherry tomatoes

#1298	Order number of pints. Cherry tomatoes that are sweet, flavorful, better than candy. Grown by Hagerman High School students. Sold in containers that are approximately 1 pint. No GMO seed, and no pesticides are used in the production of these tomatoes. Beneficial insects are used to control harmful pests.	All Natural	\$4.99/pint
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Prairie Sun Farm

dried tomato chips

#1239	Order number of bags. Tomatoes from our summer garden, sliced and dried. No preservatives--just pure tomato goodness. Add to soups, tomato sauces for a richer flavor. Make a very healthy snack too! Great for hikes and lunch boxes. Some will have a mix of red tomatoes and beautiful "Orange Blossom" tomatoes (my husbands's favorite).	All Natural	\$2.88/ounce bag
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Winter Squash

#	Product	Type	Price
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MM Heath Farms Inc.

#52	Squash, acorn Order number of squashes.	Certified Organic	\$2.01/squash
#2107	Squash, buttercup Order number of squashes. Organic buttercup squash, one of the sweetest.	Certified Organic	\$2.88/squash
#118	Squash, butternut Order number of squashes. Organic butternut squash, small--2 for 1	Certified Organic	\$2.88/squash
#116	Squash, delicata Order number of squashes. Sweet with tender skin, a favorite of many!	Certified Organic	\$1.73/squash
#120	Squash, red kuri Order number of squashes. Attractive orange squash with sweet orange flesh, 3-4# size	Certified Organic	\$2.88/squash
#53	Squash, spaghetti Order number of squashes.	Certified Organic	\$2.88/squash

Fruits

Apples

#	Product	Type	Price
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Prairie Sun Farm

dried apple snack

#1033	Order number of bags. free of preservatives, no sugar added. Nothing but sweet apples. Great for lunches, hikes, trips, or add to granola or with hot oatmeal.	All Natural	\$2.99/1.5 ounces
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Herbs

Fresh Herbs

#	Product	Type	Price
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Hagerman High School Greenhouse

#2339	Basil (A bunch, approximatley 3 stems with leaves, fresh cut) Order number of bunches. Our basil is grown in the greenhouse using planting beds. We use no pesticides or GMO seeds. The students will harvest on tuesday for Wednesday	All Natural	\$3.00/bunch
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delivery.

Onsen Farm: Winter Gardens

#	Product	Type	Price
#2144	Marjoram Order number of bunches. grown in our geothermal heated greenhouse in the Hagerman Valley using organic methods.	All Natural	\$2.88/bunch
#2143	Sage Order number of Bunches. Culinary Sage	All Natural	\$2.99/bunch
#2146	Thyme Order number of bunches. Grown in our greenhouse with organic methods.	All Natural	\$2.88/bunch

Purple Sage Farms Inc.

#1443	Chives 4 oz. Order number of bags. Chives are a versatile in cooking or using fresh. Great with creams or oils for sauce or salad dressing.	Certified Organic	\$4.60/4 oz. bag
#1444	Garlic Chives 4 oz. Order number of bags. This chive is a standard in Asian cuisine but you will enjoy its distinct garlic flavor in anything you make. Use in stir-fry or soups. This is something you have to try.	Certified Organic	\$4.60/4 oz. bag
#625	Nettle 4 oz. Order number of bags. An unusual but nutritious herb that is a very traditional and nutritious food. Caution: it is necessary to heat nettle to remove its sting. Nettle soup is a favorite.	Certified Organic	\$4.60/4 oz. bag

Dairy and Eggs

Butter

#	Product	Type	Price
#1361	Vegan Butter Order number of 10 ounces. A delicious vegan butter made from unsweetened Coconut, Organic Cornmeal and Sea Salt. This product has a 7-10 day shelf life.	80% Organic	\$2.70/10 ounce

Cheese

#	Product	Type	Price
Ballard Cheese LLc			
#1221	Aged (about 2 years) Cheddar - Vintage White Cheddar about 1.5 lbs. Order number of items. A well aged tangy flavor accents a smooth texture to create a full-bodied cheddar experience. available only for a short time , NOT available in any stores.	All Natural	\$20.13/item
#1220	Aged about 2 years Vintage White Cheddar (about 1/2 lb.) Order number of items. A well aged tangy flavor accents a smooth texture to create a full-bodied cheddar experience. Available only for a short time, Not available in stores.	All Natural	\$6.69/item
#1087	Award Winning Idaho Golden Greek 1/2 round Order number of packages. Halloumi cheese originates from Cyprus It is tradi1ionally made of sheep's or goats milk However, Idaho Golden Greek is made with milk from our own small herd of Jerseys which makes it unique! Idaho Golden Greek is a grilling cheese. You can grill it, fry it, bake it, or toast it Place pieces of it in a hot non stick skillet and brown on both sides. This cheese will not melt and offers a dynamic eating experience. Idaho Golden Greek is delicious paired with fruits, honey, ground spices, balsamic vinegar and an array of other culinary delights (try it with a small amount of caramel sauce!) It is a versatile cheese; don't be afraid to play with it. You can eat this cheese with or without cooking it	All Natural	\$7.61/package
#5	Award Winning Idaho Golden Greek about 1 lb round Order number of rounds. Halloumi style - Grillin' Cheese Rounds are about a pound	All Natural	\$14.51/1 round
#177	Award Winning Idaho Pepper Cheddar about 1/2 lb. Order number of items. An excellent combination of peppers that give the cheddar cheese a fiery taste about 1/2 pound piece	All Natural	\$5.75/package
#495	Award Winning Jersey Dream (feta) about 1/2 pound Order number of packages. Jersey Cow Milk Feta Winning silver in the Island of Jersey in	All Natural	\$4.60/package

2008

Ballard Truffle Cheddar (NEW) about 1/2 pound pieces

#2338	Order number of items. Introduced at Fancy Food show in San Francisco Jan. 2010. Ritrovo Italian Regional Foods,American Cheese Society Award-winner Ballard Cheese partners with NASFT SOFI Gold Winner Casina Rossa Truffle; Salt make this artisan Truffle ; Salt Cheddar. They have combined Italian black truffle of Casina Rossa Truffle; Salt with their naturally aged Idaho cheddar to make the perfect wine-tasting or grating cheese.	All Natural	\$11.50/piece
#4	Cheese curd - Plain Order number of bags. Classic squeaky cheese curds have a light and creamy flavor and are always a great treat for snacking.	All Natural	\$4.71/1/2 lb. bag
#9	Cheese curd- Dill Order number of bags. A taste of dill enhances the flavor of these tasty cheese curds.	All Natural	\$4.71/1/2 lb. bag
#7	Cheese curd- Garlic & Herb Order number of bags. The light taste of garlic mixed with a kick of Italian herbs makes these cheese curds a taste sensation.	All Natural	\$4.71/1/2 lb. bag
#8	Cheese curd- Garlic pepper Order number of bags. A combination of the hot and spicy pepper blend with a touch of garlic to enhance the flavoring of these tasty cheese curds	All Natural	\$4.71/1/2 lb. bag
#11	Cheese curd- Pepper Order number of bags. A bold blend of hot and spicy peppers adds zest to these cheese curds.	All Natural	\$4.71/1/2 lb. bag
#6	Cheese curd- Ranch Order number of bags. An exciting new way to enjoy your favorite ranch taste. These curds taste like they were dipped in ranch without the mess	All Natural	\$4.71/1/2 lb. bag
#10	Cheese curd- Tomato Basil Order number of bags. You will love the taste of our new Roasted Tomato Basil Curds!!	All Natural	\$4.71/1/2 lb. bag
#1632	Holy Cow Cheese (Baby Swiss) about 1/2 lbs. piece Order number of pieces. New Baby Swiss	All Natural	\$7.19/piece
#175	Idaho Danish Pearl (Gouda style) Order number of items. About 1/2 pound piece	All Natural	\$5.75/package
#1088	Idaho White Cheddar about 1.5 pound piece Order number of packages. same as Idaho White	All Natural	\$15.84/package
#176	Idaho White Cheddar about 1/2 lb.package Order number of packages. Naturally aged, our Idaho White has developed a full, rich flavor and creamy taste. A versatile cheese, it can be served simply with crackers, as the star ingredient in your cheese soufflé or savored with fruit and nuts for dessert.	All Natural	\$5.43/package

Eggs

#	Product	Type	Price
Church's Backyard Farm			
Fresh Brown Eggs			
#1297	Order number of dozen. Our 200 girls live and lay in a converted 1949 International bus.Even in winter they are out and scratching for bugs and dirt around the ranch.Egg colors vary from cream to dark brown,greens and blues.Fed fresh local grains, Alfalfa hay,kelp and our own fresh spring water. Our really cool Egg cartons can be used as mini greenhouses. Wash out empty egg shells, fill with seed starting soil, add seed, place in egg carton, close lid. Presto! A mini greenhouse!	All Natural	\$4.60/dozen
Crossroads Ranch			
American Buff Goose Eggs			
#1356	Order number of eggs. The Eggs are quite lovely a nice soft white with a hint of buff. I know you will love them an omelet comes to mind. (hint one goose egg equals 2 regular eggs) great for baking.	All Natural	\$3.45/half dozen
Heritage Duck Eggs			
#367	Order number of dozen. We are playing in the snow looking for puddles, and now we are laying some winter eggs. Hope everyone is enjoying the winter.	All Natural	\$4.60/dozen

Durand Farms

	Farm Fresh-- All Natural-- Brown Eggs		
#502	Order number of 1 Dozens. Brown eggs from free ranged chickens fed all natural grains wheat,corn,barley & oats,organic alfalfa hay & organic pasture.	All Natural	\$4.60/dozen

Fair Mountain Farm

	Fresh Eggs		
#1031	Order number of cartons. Uncaged, free to roam in the chicken-yard. They may be fertilized but we are not sure since our rooster (Chaka Zulu) seems somewhat confused about his sexual identity these days.We mostly have him for his vocal prowess anyway.The hens seem quite content either way.Multi-colored eggs.Their feed:Organic M&M Heath wheat,triticales,our farm's greens/veggies.	All Natural	\$4.60/carton

Golden Premier Farms

	Beutiful Brown Eggs		
#2271	Order number of Dozen. All Natural Brown Eggs. All the eggs are Large and Extra large even a few huge ones. Our chicks are raised to full grown healthy chickens right here on the farm. Our chickens are feed our own blend of all natural and organic whole grains including barley, wheat, oats, black oil sunflower seeds, soybeans, corn, brown rice, mineral oils, mineral salt, alfalfa, bugs, earth worms (grown here), and other native grasses just to mention a few. We never use GM products, nor Antibiotics, Hormones and Steroids. We have a wonderful roaster named Lon (Named after our best friend). He s a corker for sure; with a very long sounding (Cock-a-doodle-doooooooooooooooooooo). He is very entertaining to say the least. Oh how he guards his treasured hens. We hope you enjoy the eggs from our farm to your kitchen. Eggs are where breakfast starts and finishes with good health.	80% Organic	\$4.50/Dozen

Mesquite Cattle Co. LLC

	Double Yolkers and Small Eggs		
#2133	Order number of dozen. 1 Dozen Eggs total per carton 1/2 are pullet eggs (same great taste, just a little smaller because they come from a young hen just starting to lay her eggs) and the other 1/2 are double or even triple yolkers. All Natural Pasture raised/free range eggs From Hill's Happy Hens	All Natural	\$5.75/Dozen
#2131	large eggs Order number of dozen. all natural free range eggs produced by Hill's Happy Hens	All Natural	\$4.89/dozen
#2134	Medium Eggs Order number of dozen. Medium sized eggs Pasture Raised/All natural Produced by Hill's Happy Hens	All Natural	\$4.60/dozen
#2136	Small Eggs Order number of dozen. From Hill's Happy Hens	All Natural	\$4.02/dozen

MM Heath Farms Inc.

#157	Eggs, Certified Organic Order number of dozen. Fresh from organic/vegetarian-fed, free range, happy chickens!	Certified Organic	\$4.60/dozen
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Morning Owl Farm

	MORNING OWL FARM DUCK EGGS		
#556	Order number of dozen. We are Idaho's largest duck egg producer, supplying our eggs since 2004, to the Boise Co-Op and fine restaurants throughout the Treasure and Wood River Valleys. Our ducks are free-rangin,' pasture-grazin', bug- and weed-eatin' girls. Their diet is rounded out with the finest locally-milled, all-natural feed we can find. We're not just proud of how our girls are raised and the way their eggs taste, we also clean and candle every egg we sell in a facility expressly built for this purpose. You'll not find a better tasting egg, or a cooler looking egg carton label. But remember:"Once you go quack, you never go back."	All Natural	\$5.24/dozen

Petra

#238	Eggs Order number of dozens. Naturally grown, vegetarian fed, free-range. We feed these colorful standard breeds our home-grown, certified organic barley, alfalfa, non-GM corn and	All Natural	\$4.60/dozen
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vegetable scraps. They live in a large coop and have a roomy chicken park to run in. They are released for several hours on the long summer evenings to roam freely throughout the barnyard.

Pullet Eggs

#2193	Order number of dozen. Naturally grown, vegetarian fed, free-range. A pullet is a female chicken under one year old. After one year they are hens. When they begin laying at about 6 months old, their eggs are about 2/3 the size of the older hens. They will be laying full size eggs in a couple months.	All Natural	\$3.74/dozen
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Prairie Sun Farm

eggs

#489	Order number of dozen. from free-range chickens. Mix of various shades of brown and greenish-blue Araçana eggs. Our 42 hens are free range to wander all over our 10-acre natural, pesticide-free farm. Right now they are happily in the big barn. Feed includes a variety of organic grains, sunflower seeds, and organic alfalfa. I also give them veggie scraps-they love our carrots and beets!	All Natural	\$4.60/dozen
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Simon Boers Chevón LLC

EGGS - Fresh BROWN and WHITE eggs from happy Hagerman free-range hens

#2011	Order number of dozen. Firm, deep yellow yolks and delicious flavor. Fresh brown, white and off-white eggs from our flock of Rhode Island Reds, Austria Whites, and White Leghorns(we have a heritage breed Buckeye rooster- so eggs may be fertile - and we're looking forward to hatching chicks this spring!)Eggshell color makes no difference in nutritional content of eggs! Some of our hens lay HUGE eggs, most are large, a few are smaller. We make sure to provide a mixture of brown, white, and all sizes to be fair to all.	All Natural	\$3.75/dozen
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Milk

#	Product	Type	Price
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Cloverleaf Creamery

#310	2 % Milk in half gallon bottles Order number of bottles. Pasteurized, homogenized milk in half gallon bottles fresh from Buhl. Deposit of \$2.50 required. Return bottles to pick-up site for a full refund. Extra charge: \$2.50/bottle	All Natural	\$2.99/half gallon and \$2.50/bottle
#1721	Chocolate Milk in half gallon bottles Order number of bottles. Extra charge: \$2.50/bottle	All Natural	\$4.20/bottle and \$2.50/bottle
#365	Cream in half gallon bottles Order number of jars. Cloverleaf cream A \$2.50 bottle deposit required. Return bottles to pick-up site for a full refund. Extra charge: \$2.50/jar	All Natural	\$10.82/half gallon and \$2.50/jar
#362	Half and Half Order number of quarts. Pasteurized half and half. No added hormones or antibiotics, fresh from the Creamery in bottles Extra charge: \$2.50/quart	All Natural	\$4.20/quart and \$2.50/quart
#988	Milk bottle holders Order number of bottleholders. These milk bottle holders will help you carry your milk home, without breaking your bottles! Fits two Cloverleaf glass milk bottles.	All Natural	\$4.06/bottleholder
#311	Non-Fat Milk in half gallon bottles Order number of bottles. Pasteurized, homogenized milk in bottles fresh from Buhl. A \$2.50 deposit is required. Return bottles to pick-up site for a refund. Extra charge: \$2.50/bottle	All Natural	\$2.99/half gallon and \$2.50/bottle
#309	Whole milk, cream top in half gallon bottles Order number of bottles. Cream top, non-homogenized milk fresh from Buhl. Pasteurized. A \$2.50 bottle deposit required. Return bottles to pick-up site for a full refund. Extra charge: \$2.50/bottle	All Natural	\$3.22/half gallon and \$2.50/bottle

Meats

Beef

#	Product	Type	Price
Kings Crown Organics			
#182	Beef stew meat (round steak) Order number of packages.	Certified Organic	\$4.89/1lb.
#100	Chuck roast Order number of roasts.	Certified Organic	\$18.40/3.5 lb.roast
#101	Cross Rib Roast Order number of roasts.	Certified Organic	\$18.40/3.5lb. roast
#99	Ground Beef Order number of packs.	Certified Organic	\$5.46/1 pound pack
#307	Sirloin Tip Roast Order number of packages.	Certified Organic	\$32.20/4-6lbpkg
#213	Tritip Roast Order number of roasts. Average roast is 1.8 lbs.	Certified Organic	\$18.40/roast

Weiser River Signature Beef LLC

Weiser River Signature All Natural Beef Bundle			
#564	Order number of bundles. This bundle is all natural beef, NEVER EVER given antibiotics, growth promotants or hormones. All animals are grass fed in the Weiser River Valley & finished at a Weiser feeding facility. All feed has been produced in the Weiser River area & the feeder personally guarantees the source and natural quality of the feed. This product has been processed in a USDA inspected facility in Nampa and dry-aged a minimum of 14 days. This Choice grade product is unsurpassed in flavor & natural quality! Bundle weight is approx 48 pounds: 20.8# burger, 14.6# steak & 12.2# roast.	All Natural	\$345.00/bundle
Weiser River Signature All Natural Beef Bundles			
#563	Order number of bundles. These bundles are all natural beef, NEVER EVER given GMO feed,antibiotics, growth promotants or hormones. All animals are grass fed in the Weiser River Valley & finished at a Weiser feeding facility. All feed has been produced in the Weiser area and the feeder personally guarantees the source and natural quality of the feed. The product is processed at a USDA inspected facility in Nampa and dry-aged a minimum of 14 days. This Choice grade product is unsurpassed in flavor and natural quality. Bundle weight is approx. 42 pounds: 20# burger, 12-14# steak & 7-8.5 roast.	All Natural	\$304.75/bundle
Weiser River Signature Beef All Natural Bundle			
#1071	Order number of bundles. This bundle is all natural beef, NEVER EVER given GMO feed, antibiotics, growth promotants or hormones. All animals are grass fed & finished at a Weiser feeding facility. All feed has been produced in the Weiser River area and feeder personally guarantees the source and natural quality of feed. This product has been processed in a USDA inspected facility in Nampa and dry-aged a minimum of 14 days. This Choice product is unsurpassed in flavor & natural quality! Bundle weight is approx 42 pounds: 16-18# burger; 12-14# steak; 7-8.5# roast; 1-3# short ribs or stew/kabob meat.	All Natural	\$304.75/bundle

Beef Grass-Finished

#	Product	Type	Price
Kings Crown Organics			
#2242	ground beef patties Order number of boxes. one quarter pound patties...12 pounds per box	Certified Organic	\$82.80/box
Mesquite Cattle Co. LLC			
#2352	1/8 th cow share Order number of steers. You will be billed for exact weight (approx. 50 - 65 pounds) eight people go together and buy one steer this will take someone to take the lead, find 7 other buyers and sort the meat upon delivery. This person will get 10% off thier purchase	All Natural	\$7.13/pounds
#591	Chuck Roast Order number of packages. You will be billed for exact PROCESSED weight (approx. 3 - 5 pounds) all natural grass fed	All Natural	\$6.89/pound
#599	Cube Steak Order number of packages. You will be billed for exact PROCESSED weight (approx. 1 - 3 pounds) all natural grass fed (2 steak/package)	All Natural	\$6.89/pound

#589	Ground Beef Order number of packages. You will be billed for exact PROCESSED weight (approx. 1 - 2 pounds) All natural grass fed	All Natural	\$5.18/pound
#590	Ground beef bundle (ten 1-2 pound lb packages of burger) Order number of bundles s. You will be billed for exact PROCESSED weight (approx. 10 - 15 pounds) Grass-finished beef! This is by far the least cost way to give your family the health benefits of grass fed beef plus ground beef is so versatile,use it in spaghetti, tacos, meat loaf,and hamburger helper. Sold by the bundle: One bundle is roughly ten to sixteen pounds of burger give or take a pound.	All Natural	\$4.60/pound
#602	Half Beef Order number of items. You will be billed for exact DRESSED/HANGING weight (approx. 300 - 400 pounds) all natural grass fed	All Natural	\$4.02/pound
#2090	Hamburger Patties Order number of boxes. You will be billed for exact PROCESSED weight (approx. 10 - 15 pounds) 3 in 1 or 1/3 lb patties in a 10-15 pound box	All Natural	\$6.90/pounds
#2241	Meaty Soup Bones Order number of packages. You will be billed for exact PROCESSED weight (approx. 1 - 2 pounds) these are cut from the leg a cross section with plenty of meat around the bone 1 inch thick and 5 inches across with a 1.5 inch bone. should make a hearty soup for cold winter days.2 per package.	All Natural	\$6.32/pound
#800	Petite Round Steak Order number of packages. You will be billed for exact PROCESSED weight (approx. 1 - 2 pounds) Steaks are approximately 8-10 ounces with 2 steaks per package.	All Natural	\$6.31/pound
#1709	Quick meal grill bundle Order number of bundles. You will be billed for exact PROCESSED weight (approx. 6 - 10 pounds) cube steaks and ground beef. both of these can be thawed in a bath of warm water in just a few minutes then cooked on the grill. We will put 4 packages of cubes steaks and 4 packages of burger in a bundle	All Natural	\$5.75/pound
#603	Split Half of Beef Order number of items. You will be billed for exact DRESSED/HANGING weight (approx. 150 - 200 pounds) all natural grass fed - AUGUST SPECIAL -split half of beef for \$3.74/lb	All Natural	\$3.74/pound
#671	Stew Meat Order number of packages. You will be billed for exact PROCESSED weight (approx. 1 - 3 pounds) all natural grass fed 1-3 lb packages	All Natural	\$4.59/pound
#597	Top Sirloin Steak Order number of packages. You will be billed for exact PROCESSED weight (approx. 1 - 3 pounds) all natural grass fed (2 steak/package)	All Natural	\$12.06/pound
#1869	Tri-Tip Order number of packages. You will be billed for exact PROCESSED weight (approx. 3 - 5 pounds) This is a barbeque dream. It can be marinated, covered with your favorite rub or just grilled.	All Natural	\$8.63/pound
#601	Whole Beef Order number of items. You will be billed for exact DRESSED/HANGING weight (approx. 600 - 800 pounds) all natural grass fed	All Natural	\$3.74/pound

MM Heath Farms Inc.

#2074	1/3 lb Ground Beef Patties Order number of 2 lb packages. You will be billed for exact PROCESSED weight (approx. 2 lbs) 2 lbs min.	Certified Organic	\$6.32/lb
#1657	Beef, Boneless Roast Order number of packages. You will be billed for exact PROCESSED weight (approx. 2.5 - 3.75 lbs) Organic boneless beef chuck or rump roast	Certified Organic	\$5.75/lbs

Parrott Family Farm Established 1913

#301	1/2 organic beef cut to suit you..choice of 3 processors .free range Order number of 1/2vs. NO GMO FEED as in CORNgrass finished organic...200 pounds per 1/2... YOU PAY ON THE BASIS OF READY TO EAT MEAT WEIGHT call me 208 308 7113 to discuss logistics .. 2 available this month... 1/2 beef is like 5 boxes of potatoes for	Certified Organic	\$5.50/pound cut&wr
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space needed. You get to give cutting instructions and to determine aging time...Our beef is Angus...without the 1500 mile conventionally sourced road trip ..and the implants In 3 years no one has ordered a 1/2 beef... See "hamburger" below on how to get a taste test at Atkinsons Do we need to talk?? 208 308 7113 Richard Parrott

organic beef hamburger..

#1999 Order number of packages. 1 1/2 pound traditional white paper and dont forget...grass finished.... no GMO corn (90 percent of US corn is GMO) get omega 3s for free..... you will find this same ORGANIC beef in all cuts at Atkinsons in Hailey ALL the time and in Ketchum shared alternatively with another beef producer Sold 18 packages of burger to 16 individuals since sept 30

	Certified Organic	\$9.45/1.5#package
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Weiser River Signature Beef LLC

#492	<p>1# Ground Beef Weiser River Signature Beef Order number of packages. You will be billed for exact weight (approx. 0.75 - 1.25 pounds) 1# Natural grass finished, local ground beef. Origin=Weiser River Valley. Fat ratio=85/15. Dry aged 14 days.. Supply is limited</p>	All Natural	\$5.00/pound
#1300	<p>10# Burger Bundle - Weiser River Signature Beef Order number of bundles. You will be billed for exact weight (approx. 9 - 11 pounds) Each bundle contains five 2-pound packages of natural, grass finished burger. Fat ratio=85/15. Dry aged. Extra savings for buying this family pack.</p>	All Natural	\$4.43/pound
#971	<p>10# Burger Bundle - Weiser River Signature Beef Order number of bundles. You will be billed for exact weight (approx. 9.5 - 11 pounds) The bundle contains ten 1-pound (approximate) packages of grass finished burger. You will be billed for exact packaged weight. This is an awesome product that is healthy & flavorful!</p>	All Natural	\$4.54/pound
#493	<p>2# Ground Beef Weiser River Signature Beef Order number of packages. You will be billed for exact weight (approx. 1.75 - 2.5 pounds) 2# Family Pack natural grass fat, local ground beef. Origin=Weiser River Valley. Fat ratio=85/15. Dry Aged. Supply is limited.</p>	All Natural	\$4.77/pound
#972	<p>20# Burger Bundle - Weiser River Signature Beef Order number of bundles. You will be billed for exact weight (approx. 18 - 22 pounds) The bundle contains twenty 1-pound (approximate) packages of grass finished burger. You will be billed for exact packaged weight. This is an awesome product that is healthy and flavorful! Extra savings for buying in this quantity! Stock up for winter now!!</p>	All Natural	\$4.43/pound
#1301	<p>20# Burger Bundle-Weiser River Signature Beef Order number of bundles. You will be billed for exact weight (approx. 18 - 22 pounds) Each bundle contains ten 2-pound packages of natural, grass finished burger. Fat ratio=85/15. Dry aged. You gain extra savings for purchasing this super family pack.</p>	All Natural	\$4.31/pound

Buffalo

#	Product	Type	Price
Brown s Buffalo Ranch			
#910	<p>Buffalo Chuck Roast Order number of packages. You will be billed for exact PROCESSED weight (approx. 3 - 4.25 pounds) Chuck roasts are 3 to 4.25 lbs each. These roasts are great pot roasts and are very tender. Prepared with a can of onion soup or creme of mushroom soup, this roast should be cooked in the oven at 300 degrees for around 4 hours. Add vegetables and use the drippings for a wonderful gravy.</p>	All Natural	\$7.77/pound
#647	<p>Buffalo New York Steak (Striploin) Order number of packages. You will be billed for exact weight (approx. 1.25 - 1.5 pounds) Each steak is approx. 10oz to 12oz. each and every package has (2) steaks. Cooking Tips: Slow and Low. May appear "rare" because of the dark red color of meat. Never turn more than once or pierce the steak. Bison is not recommended for those who like "well done" steak because it may be a little dryer. If this is your style, then take from heat at "medium well done" and wrap in foil for 5 Min. Enjoy!!</p>	All Natural	\$16.90/pound
#646	<p>Buffalo Ribeye Steak Order number of packages. You will be billed for exact weight (approx. 1.5 - 1.8 pounds) These steaks are packaged (2) per package and each steak will weigh approx. 12 oz. each. Cooking Tips: Remember to cook slow and low. Never turn a steak more than once and avoid piercing the meat. Buffalo meat is VERY red, so steaks may appear rare, however</p>	All Natural	\$19.95/pound

they will be done more than you think!! Bison is much better served "rare" to "medium rare". If you like your steak well done, take it off the heat at "medium well" and wrap with foil for 5 minutes. (Note: Well done bison is not recommended and will tend to be dryer than beef.)

#	Product	Type	Price
#841	BUFFALO TENDERLOIN Order number of packages. You will be billed for exact weight (approx. 0.75 - 1 pounds) Each package of tenderloin will weight approx. 12 to 16oz. and (2) steaks per package. These filets are mouth watering and can be cut with a fork.	All Natural	\$23.00/pound
#1993	BUFFALO TENDERLOIN (WHOLE) Order number of POUNDS. You will be billed for exact PROCESSED weight (approx. 4 - 5.5 POUNDS)	All Natural	\$17.58/POUND
#641	Ground Buffalo Burger Order number of packages. You will be billed for exact weight (approx. 1 - 1.5 pounds) Order number of packages. Each package will range in weight from 1# to 1.5# each. Cooking Tip: Grill on lower heat at 1/3 less the time as beef. Very little fat makes for excellent taco's, meat loaf or spaghetti.	All Natural	\$6.08/pound
#642	Ground Buffalo Patties Order number of packages. These are 1/4 pound patties and are packaged 4 patties per package. Cooking Tips: Thaw individual patties out before cooking for juicier product.	All Natural	\$6.43/package
#844	Half Buffalo (cut & wrapped) Order number of ITEMS. You will be billed for exact DRESSED/HANGING weight (approx. 275 - 325 POUNDS) Half of the carcass will weigh approx 300 lbs. Packaged meat will be approx. 70% of the hanging weight. PLEASE ALLOW 2 WEEKS FOR DELIVERY. WE WILL CONTACT YOU FOR CUTTING INSTRUCTIONS.	All Natural	\$5.42/POUND
#845	Quarter Buffalo (cut & wrapped) Order number of items. You will be billed for exact DRESSED/HANGING weight (approx. 130 - 150 pounds) this weight will be approx. 150 lbs. Packaged results will weight approx. 70% of the hanging weight. This is packaged (2) steaks per package (1) inch thick, 3-4lb Roasts, 1 pound packages of Burger, short ribs and Round steaks. Please allow 2 weeks for delivery. We will contact you with the weight of the carcass.	All Natural	\$5.42/pound
#843	Whole Buffalo (cut & wrapped) Order number of ITEMS. You will be billed for exact DRESSED/HANGING weight (approx. 575 - 650 POUNDS) Each carcass weighs approx. 600 lbs hanging on the rail. The price is based upon the carcass weight x the price per lb. (Example) 600 lbs x 5.42lb. Final packaged weight will be the result of approx. 70% of the hanging weight. PLEASE ALLOW 2 WEEKS FOR AN ORDER. WE WILL CONTACT YOU FOR THE CUTTING INSTRUCTIONS.	All Natural	\$5.42/POUND

Elk

#	Product	Type	Price
CA Bull Elk Ranch			
#1584	Elk Black Currant & Sun Dried Tomato Sausage Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.75 - 1.3 pounds) Ingredients: All Natural Elk, Pork, Feta Cheese, Black Currants, White Wine, Sun Dried Tomato, Dehydrated Parsley, Spices, Salt, Garlic Powder. Packed in Hog Casing.		\$9.77/pound
#278	Elk Burger Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.4 pounds) All natural, no hormones, no antibiotics, no pesticides	All Natural	\$6.99/pound
#1091	Elk Burger Bundle Order number of packages. You will be billed for exact PROCESSED weight (approx. 5 - 6 pounds) All Natural, No Hormones, No Antibiotics, No Pesticides. This Bundle of Burger contains 5 packages of Great tasting, low fat burger. Use in tacos, spaghetti sauce, Meat loaf and any thing you would traditionally use hamburger for only with a lot less fat.	All Natural	\$6.95/pound
#1177	Elk Burger Patties Order number of Packages. Elk patties are 1/3 pound each packaged 6 to a Cryovaced package. All Natural, No Hormones, No Antibiotics feed, No Pesticides.	All Natural	\$15.49/package
#2222	Elk Cajun Jerky Order number of packages. Whole Muscle Jerky. NO ADDED NITRITES. Ingredients: Elk, water, salt paprika, red pepper, garlic, onion, thyme, black pepper, basil, white pepper. 3.25 oz		\$9.07/package

#2221	Elk Cajun Sticks Order number of packages. Six sticks per package: Ingredients:Elk,Beef,paprika,salt,pepper,onion,garlic,spices,sodium nitrite		\$6.04/package
#1318	Elk Chili Pepper Jerky Order number of packages. Jerky made from the whole muscle, NO ADDED NITRATES, Ingredients:elk, water, mesquite seasoning. (Dextrose, Natural mesquite smoke flavoring, garlic spices, chili pepper. 3.25 oz		\$9.07/package
#1039	Elk Fajita Meat Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.8 - 1.4 pounds) All natural, boneless, cryovaced, no hormones, no antibiotics, no pesticided	All Natural	\$6.99/pound
#429	Elk Flank Steak Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.5 - 1 pounds) All Natural, Boneless, cryovaced, no hormones, no pesticides, no antibiotics	All Natural	\$10.34/pound
#2218	Elk Garlic & Onion Sticks Order number of packages. Six sticks per packages: Ingredients:Elk,beef,salt,ppper,onion,garlic,spices,sodium nitrite		\$6.04/pa
#1585	Elk Garlic & Rosemary Sausage Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.75 - 1.4 pounds) Ingredients:All Natural Elk, Pork, Minced Garlic, Spices,Dextrose, Dehydrated Parsley. Packed in Hog Casing.		\$9.77/pound
#2219	Elk German Sticks Order number of packages. Six sticks per package: Ingredients:Elk,beef,water,beef fat,sugar,salt,garlic,mustard seed,pepper,sodium nitrite		\$6.04/package
#898	Elk Heart Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.5 - 2 pounds) All Natural, no hormones, no antibioticcs	All Natural	\$2.88/pound
#2223	Elk Hot Sweet Jerky Order number of packages. Whole Muscle Jerky. NO ADDED NITRITES. Ingredients:Elk,water salt, mesquite seasoning:(Dextrose,natural mesquite smoke flavoring,garlic,spices,chilipepper. 3.25 oz		\$9.07/package
#922	Elk Jalapeno & Cheese Summer Sausage Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.65 - 1.25 pounds) Ingredients:Elk, Water, (Seasoning:Salt, Corn Syrup Solids, Spices, Monosodium Glutamate,Mustard Seed, Partially Hydrogenated Cotton Seed Oil)Cheese, Jalapeno Pepper, Flour, Whole Mustard Seed, Black Pepper, Garlic.		\$9.77/pound
#900	Elk Liver Order number of packages. You will be billed for exact PROCESSED weight (approx. 2.5 - 5 pounds) All natural, no hormones, no antibiotics, no pesticides	All Natural	\$3.33/pound
#2215	Elk Mesquite & Cheese Sticks Order number of packages. Six sticks per package: Ingredients:Elk,beef,water,cheese,dextrose,salt,spices,pepper,sodium erythorbate		\$6.04/package
#2216	Elk Mesquite Cheese & Green Chili Sticks Order number of packages. Six sticks per package: Ingredients:Elk,beef,water,[cheese cultures,salt &enzymes],jalapeno powder,green chili,dextrose,salt,spices,pepper,sodium erythrobate,sodium citrate,sodium nitrate		\$6.04/package
#756	Elk Mesquite Jerky Order number of packages. Elk jerky made from the whole muscle. NO ADDED NITRATES.Ingredients:elk, water, salt, mesquite seasoning:(Dextrose, Natural mesquite smoke flavoring. garlic, spices.3.25 oz		\$9.07/package
#283	Elk New York Steak / 2 steaks per package Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.65 - 1.25 pounds) Boneless, cryovaced, all natural, no antibiotics, no hormones, no pesticides	All Natural	\$19.99/pound
#1235	Elk Osso Bucco Order number of packages. You will be billed for exact PROCESSED weight (approx. 2.25 - 3 pounds) All natural, no antibiotics, no hormones, no pesticides.	All Natural	\$5.74/pound
#771	Elk Peppered Mesquite Jerky Order number of packages. Elk made from the whole muscle. NO ADDED NITRATES. Ingredients:Elk, water, salt,mesquite seasoning: (Dextrose, natural mesquite smoke		\$9.07/package

flavoring, garlic, Spices, pepper. 3.25 oz

#2217	Elk Pepperoni Sticks Order number of packages. Six sticks per package: Ingredients:Elk,beef,salt,dextrose,sodium phosphate,paprika,corn syrup solids,sodium erythorbate,spices,garlic,citric acid,tricalcium phosphate,sodium nitrite		\$6.04/package
#734	Elk Rack of Ribs/Prime Rib Order number of packages. You will be billed for exact PROCESSED weight (approx. 4.25 - 7.25 pounds) All natural, no hormones, no pesticides, no antibiotics	All Natural	\$20.99/pound
#284	Elk Ribeye Steak / 2 steaks per package Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.65 - 1.25 pounds) Boneless, cryovaced, all natural, no antibiotics, no hormones, no pesticides	All Natural	\$21.99/pound
#2356	Elk Roast /Smoked Order number of packages. You will be billed for exact PROCESSED weight (approx. 3.75 - 5.25 pounds) All Natural elk sirloin tip roast smoked to perfection. Just warm and serve or slice for sandwiches. Ingredients: Elk, water, salt, sodium phosphate, hydrolyzed soy protein, dextrose and spice extractives.		\$16.09/pound
#2261	Elk Smoked Deli Slices Order number of packages. Thinly sliced elk roast ready for serving. Great on sandwiches ect. Ingredients:Elk,salt,natural flavorings, hydrolyzed soy & corn protien on a specialty processed salt/dextrose carrier. Not more than 2% Tri-calcium phosphate & glycerin added to prevent caking. Sodium Nitrite, Red #3 (1/2 pound package)		\$8.04/package
#431	Elk Stew Meat Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.75 - 1.65 pounds) Boneless, cryovaced, all natural, no hormones, no antibiotics, no pesticides	All Natural	\$6.99/pound
#757	Elk Summer Sausage Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.75 - 1.2 pounds) Ingredients:Elk, water, seasonings(salt, corn syrup solids, spices, Monosodium Glutamate, Mustard seed, Partially hydrogenated cottonseed oil),Flour, Whole mustard seed, Black pepper, Garlic. NO ADDED NITRATES.		\$9.77/pound
#286	Elk Tenderloin / Whole Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.6 - 3.5 pounds) Boneless, cryovaced, all natural, no antibiotics, no hormoned, no pesticides	All Natural	\$26.44/pound
#1319	Elk Teriyaki Jerky Order number of packages. Jerky made from the whole muscle, NO ADDED NITRATES. Ingredients:elk, water, sugar, soy sauce powder, (Wheat, soybeans, maltodextrin, and salt)salt, hydrolyzed soy protein, antolyzed yeast extract, spices, garlic, onion.		\$9.07/package
#2214	Elk Teriyaki Pepper Sticks Order number of packages. Six Sticks per package: Ingredients:Elk,sugar,soy sauce powder, hydrolyzed soy protien, autolysed yeast protien, spices,garlic,onion,pepper,sodium nitrite,sodium erythorbate		\$6.04/package
#2213	Elk Teriyaki Sticks Order number of packages. Six sticks per package: Ingredients: Elk,beef,sugar,soy sauce powder,salt,hydrolized soy protien,autolysed yeast extract,spices,garlic,onion,sodium nitraite,sodium erythorbate		\$6.04/package
#899	Elk tongue Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.75 - 1.45 pounds) All natural, no antibiotics, no pesticides, no hormones	All Natural	\$3.16/pound
#282	Elk Top Sirloin Steak / 2 steaks per package Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.75 - 2.5 pounds) Boneless, cryovaced, no antibiotics, no hormones, no pesticides	All Natural	\$16.99/pound

Fish

#	Product	Type	Price
#363	Caviar, White Sturgeon Order number of ounces. This caviar comes from white sturgeon farmed in Hagerman with no added hormones, dyes, or antibiotics. Salt is the only additive.	All Natural	\$54.12/ounce

#125	Gourmet Trout, Boned Order number of 2 pound units. Whole fish with no bones. Head and tail are included. Farmed without antibiotics, hormones, or color additives.	All Natural	\$14.10/2 pound unit
#124	Gourmet Trout, Fillets Order number of 2 pound units. No rib or back bones, no head, no tail, no pin bones! Farmed without antibiotics, hormones or color additives.	All Natural	\$15.93/2 pound unit
#68	Trout, Dressed, large random Order number of 2 pound units. Bones are retained, but it is cleaned and without guts.	All Natural	\$8.44/2 pound unit

Goat

#	Product	Type	Price
Simon Boers Chevon LLC			
	Chevon Hind Shanks Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.5 - 2 pounds) Pair of succulent hind shanks for that slow cooking meal. Use wine or citrus marinade, herbs like rosemary, or your own favorite recipe. Our favorite is Rosemary Chevon Shanks.	All Natural	\$10.93/pound
#1416			
	Chevon Leg Roast - Bone in Order number of packages. You will be billed for exact PROCESSED weight (approx. 2 - 4.5 pounds) One delicious lean roast per package. Delicious flavor and perfect for that slow cooker or dutch oven. Use a citrus or wine marinade, low temperatures, and enjoy. Specify small or large.	All Natural	\$9.77/pound
#1119			
	Chevon Leg Roast - Boneless-Rolled & Netted Order number of packages. You will be billed for exact PROCESSED weight (approx. 2.5 - 4 pounds) Small to medium boneless leg roast, perfect for that family gathering or roast chevon sandwiches. I put ours in the crockpot with some carrots and onions and herbs - delicious!	All Natural	\$10.93/pound
#1179			
	Chevon Loin Chops Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.6 - 1.3 pounds) Delicious, tender, lean loin chops. Four small chops to a package. Brush with olive oil or marinate, grill quickly. Prime, lean, and amazing.	All Natural	\$12.65/pound
#1101			
	Chevon Rib Chops Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.7 - 1.2 pounds) Succulent rib chops cut from the rack. 4 small chops per package. Brush with olive oil and grill gently. Or marinate with your favorite recipe and be prepared for oohs and aaahs.	All Natural	\$11.99/pound
#1178			
	Chevon Shanks (foreleg) Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.5 - 2.25 pounds) Chevon shanks perfect for that slow-cooker recipe with red wine and rosemary - winter comfort food! Each package contains two bone-in shanks. The fore leg shanks have a smaller diameter than hind shanks. One of my favorites.	All Natural	\$9.20/pound
#1116			
	Chevon Shoulder Roast - Boneless, rolled & netted. Order number of packages. You will be billed for exact PROCESSED weight (approx. 4 - 5.5 pounds) Boneless and lean with a delicious flavor. Perfect for the slow-cooker or in the oven on low heat. Recipes available. Smaller roasts available next month.	All Natural	\$9.77/pound
#1098			
	CHEVON Shoulder Roast BONE IN - LARGE Order number of roasts. You will be billed for exact PROCESSED weight (approx. 4.5 - 5.75 pounds) LARGE shoulder roast - bone in - perfect for that Sunday afternoon roast or slow-cooker recipe. This is our largest item. Use the leftover bones to make a wonderful soup stock. Only 2 left.	All Natural	\$8.91/pound
#1260			
	Chevon Stew Meat Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.6 - 1.5 pounds) Tender and delicious stew cubes. Use a flavorful Moroccan or Caribbean recipe or just your own family recipe. Recipes available.	All Natural	\$6.90/pound
#1097			

Lamb

#	Product	Type	Price
Lava Lake Lamb			

	5 lbs. of Certified Organic Ground Lamb		
#2351	Order number of orders. Freezer Stock Up Sale: Stock your freezer with Certified Organic Ground Lamb. Whether you use it all to make lamb meatballs during the remaining months of winter, or for delicious lamb burgers on the grill at the first sign of spring, you will be glad to have a stash of Lava Lake Lamb. One order contains 5, 1 pound packages of ground lamb for \$45, \$5 off the original price. With every order we will include Ketchum Grill's recipe for Wild Rice and Lamb Meatballs. Just try to save some lamb until grilling season.	Certified Organic	\$45.00/order
	Certified Organic Lamb Chop Lover's Package		
#1959	Order number of packages. The Lamb Chop Lover's Package includes four packages of our succulent certified organic loin chops (four chops to a package). Your family and friends will love these tender, juicy "t-bone" type chops - sprinkle them with salt and pepper and they are ready to grill. Whether you are stocking your freezer or planning a big barbeque, these are a great idea! Average package weight is 1 lb.	Certified Organic	\$145.00/package
	Certified Organic 1/2 Lamb		
#1174	Order number of 1/2 lambs. Organic half lamb packages are a wonderfully economical way to enjoy Lava Lake Lamb. This assortment will provide at least five meals for four people and a feast for eight to ten from the leg of lamb. But it's not so much that it will overwhelm your freezer. Each half lamb order includes the following: 2 pkgs of frenched rib rack chops (8 individual chops) 1 pkg loin chops (4 chops) 1 sirloin roast 1 boneless leg 1 pkg shanks (2 individual shanks) 1 package of short ribs 1 hand-crafted shoulder sampler of 2 lbs. stew meat and 3 lbs. lamb burger Organic Cut - A value of \$282.00 for just \$240.00 - you save \$42.00!	Certified Organic	\$240.00/1/2 lamb
	Certified Organic Boneless Leg		
#1168	Order number of packages. Need a change from the same old holiday turkey. Wow your friends and family this season with a delicious certified organic leg of lamb. For a limited time, we are offering our boneless legs for \$50.00. 15 dollars off the retail price. Stock up for the upcoming holiday season now! One leg should serve 8-10 people. Ave. package weight is 4-5 lbs.	Certified Organic	\$50.00/package
	Certified Organic Chorizo Sausage		
#1955	Order number of packages. Traditional Chorizo, perfect all by itself or in your favorite south-of-the border specialty dishes. Comes in packages of four sausages. Average weight 1 lb.	Certified Organic	\$12.00/package
	Certified Organic Eight Shank Package		
#2108	Order number of Shank packages. Stock up for winter with a freezer full of delicious Certified Organic Lamb Shanks. When the weather turns cold nothing will be better than slowly braised shanks waiting in your oven! This stock up package is four packages that contain two shanks each, for a total of eight individual shanks. Average total weight is approximately 7.2-8 lbs.	Certified Organic	\$50.00/Shank pkg
	Certified Organic Four Shank Package		
#2110	Order number of Shank Packages. Stock up for winter with a freezer full of delicious Certified Organic Lamb Shanks. When the weather turns cold nothing will be better than slowly braised shanks waiting in your oven! This stock up package is two packages that contain two shanks each, for a total of four individual shanks. Average total weight is approximately 3.6-4 lbs.	Certified Organic	\$28.00/Shank pkg
	Certified Organic Garlic Rosemary Sausage		
#1957	Order number of packages. Rosemary Garlic, mild enough to complement any recipe but with a rich aroma and flavor. Comes in packages of four sausages. Average weight 1 lb.	Certified Organic	\$12.01/package
	Certified Organic German Sausage		
#1958	Order number of packages. German, great served with a variety of mustards or on a bun with sauerkraut! Comes in packages of four sausages. Average weight 1 lb.	Certified Organic	\$12.01/package
	Certified Organic Gourmet Lamb Sausage Sampler		
#1172	Order number of sampler packs. This is gourmet sausage like you've never tasted before! We've teamed our delicious organic lamb with carefully blended spices to create four unforgettable flavors: Traditional Chorizo, perfect all by itself or in your favorite south-of-the border specialty dishes; Hot Italian, fantastic in pasta or as an appetizer for folks who like a slightly spicy sausage; Rosemary Garlic, mild enough to complement any recipe but with a rich aroma and flavor; German, great served with a variety of mustards or on a bun with sauerkraut! Order includes a package of each flavor; each package has four links. Ave. package weight is 1 lb.	Certified Organic	\$44.00/sampler pack

	Certified Organic Ground Lamb		
#1166	Order number of packages. Our lean ground lamb is so delicious, once you've tried it you may never go back to beef burgers! The possibilities are as endless as your imagination -- try it ground lamb in pita bread with a classic Greek salad on the side, or in a homey Shepherd's Pie; make meatballs for an appetizer or your favorite pasta dish; enjoy it in meatloaf for the ultimate comfort food. Package weight is 1 lb.	Certified Organic	\$10.00/package
	Certified Organic Hot Italian Sausage		
#1956	Order number of packages. Hot Italian, fantastic in pasta or as an appetizer for folks who like a slightly spicy sausage. Comes in packages of four sausages. Average weight 1 lb.	Certified Organic	\$12.00/package
	Certified Organic Lamb Loin Chop		
#1169	Order number of packages. This is the filet mignon of lamb. Both our all-natural and certified organic lamb chops are perfect for grilling or broiling -- They're cut to 1 1/2" thickness, so it's easy to cook them to any desired degree of doneness. On average, you can serve one or two lamb chops per person. There are 4 chops per package. Ave. package weight is 1.2-1.4 lbs.	Certified Organic	\$39.00/package
	Certified Organic Lamb Rib Rack Chop (Frenched)		
#1170	Order number of packages. These elegant rib chops are cut from the rack of lamb and the meat is tender and succulent. They cook in moments and lend themselves to beautiful presentations -- perfect for entertaining. Each order includes 1-package of 4 chops. Two packages is equivalent to an eight rib rack. Ave. package weight is 0.6-0.8 lbs.	Certified Organic	\$34.50/package
	Certified Organic Lamb Ribs		
#2335	Order number of orders. Our lamb short ribs "fly out the door" when they are on the menu at CK's Real Food in Hailey, Idaho. We'll send you the recipe when you order! Easy to prepare, these meaty lamb short ribs will be sure to please. Serve them as an appetizer or main course. Each package contains 8-10 ribs packages. Average order weight 1lb.	Certified Organic	\$8.00/package
	Certified Organic Lamb Shanks		
#1173	Order number of packages. If you're a fan of "slow food," you'll want to try our all-natural and organic lamb shanks. When slowly braised in the oven the meat will be falling-off-the-bone tender and the rich aroma will lure your family to the kitchen! Two shanks per package. Ave. package weight is 1.8-2 lbs.	Certified Organic	\$24.00/package
	Certified Organic Lamb Shoulder		
#2300	Order number of packages. Our Lamb Shoulder Roast gives you endless opportunities to express your culinary creativity and delight your family and friends, at a great low price! Our boneless organic lamb shoulder roasts are perfect for cooks who like to customize their stew or kabob meat to the size they like best. These roasts are also delicious rolled and slow roasted in the oven. One shoulder serves 6-8 people. Average package weight 3-4 lbs.	Certified Organic	\$30.00/package
	Certified Organic Lamb Stew		
#1176	Order number of packages. Lamb stew is a favorite in most cultures of the world -- think of a rich French navarin full of spring carrots and new potatoes, Spanish Basque stews with peppers and tomatoes, spicy Indian curries and exotic Mediterranean tangines. Is your mouth watering yet? Organic lamb stew meat is lean and tender and ready to be transformed into countless variations of comfort food. Or, marinate the lamb on skewers and grill for kabobs. Each order contains one two-pound packages. We encourage minimum orders of 2 packages.	Certified Organic	\$24.00/package
	Certified Organic Petite Leg Roasts		
#424	Order number of Packages. Many of our customers asked us for smaller lamb roasts, something that would work for two to four people, so we worked with some top chefs to create four all-natural and organic petite lamb roasts. Cut from the leg, each weighs about one pound and is tender and juicy, whether marinated and grilled or roasted in the oven with a savory rub of herbs and spices. You will love these cuts for everyday family suppers or elegant, intimate dinners. Two petite roasts per package. Cuts are a combination of Sirlion Tip and Top Round. Ave. package weight is 2-2.5 lbs.	Certified Organic	\$26.00/Package
	Certified Organic Rack of Lamb		
#2236	Order number of packages. Our 8-rib rack of lamb is incredibly tender and delicious, and the elegantly frenched bones make a beautiful presentation. Average package weight is 1.1-1.3 lbs.	Certified Organic	\$50.00/package
#2235			\$14.00/package

Certified Organic Sirloin Tip

Order number of packages. Many of our customers asked us for smaller lamb roasts, something that would work for two to four people, so we worked with some top chefs to create the sirloin tip. Cut from the leg sirloin tip is tender and juicy, whether marinated and grilled or roasted in the oven with a savory rub of herbs and spices. You will love this cut for everyday family suppers or elegant, intimate dinners. Average package weight is 1 lb.

Certified
Organic

	Certified Organic Top Round		
#2234	Order number of packages. Many of our customers asked us for smaller lamb roasts, something that would work for two to four people, so we worked with some top chefs to create the top round. Cut from the leg top round is tender and juicy, whether marinated and grilled or roasted in the oven with a savory rub of herbs and spices. You will love this cut for everyday family suppers or elegant, intimate dinners. Average package weight is 1 lb.	Certified Organic	\$14.00/package
	Certified Organic Whole Lamb		
#1175	Order number of whole lambs. The most economical way to enjoy Lava Lake's organic lamb is our whole lamb package. Each order includes the following all-natural or organic lamb meat: 8 packages of french rib rack chops (32 individual chops) 2 packages loin chops 4 sirloin roasts 4 packages of short ribs 2 boneless leg roasts 4 packages of shanks (2 shanks per package) 1 boneless shoulder roast 1 hand-crafted shoulder sampler, which includes 2 lbs. of stew meat and 3 lbs. of lamb burger. Organic Cut - A value of \$540.00 for just \$459.00 - you save \$81.00!	Certified Organic	\$459.00/whole lamb
	Ultimate Grilling Package		
#1960	Order number of packages. Who doesn't love grilling season? This time of year offers one of the least complicated ways to cook and enjoy the essence of succulent, certified organic grass-fed lamb. We invite you to stock up for some care-free outdoor cooking with our Ultimate Grilling Package and share these favorite certified organic cuts with friends and family: 1 boneless leg of lamb, ready for marinating and quick grilling; 8 loin chops, perfect for 4-6 people to enjoy with a simple rub of olive oil and your favorite seasonings; and 4 lbs (16 total links) of our tasty organic Sausage Sampler which consists of 4 German, 4 Traditional Chorizo, 4 Rosemary Garlic, and 4 Hot Italian sausages.	Certified Organic	\$175.00/package

Pork

#	Product	Type	Price
MM Heath Farms Inc.			
	Pork roast		
#29	Order number of pork roasts. You will be billed for exact weight (approx. 3 - 7 lbs) natural, antibiotic and hormone free; all organically fed	All Natural	\$5.46/lbs
	Pork Leg Roast		
#1460	Order number of packages. You will be billed for exact PROCESSED weight (approx. 4 - 6 lbs) Fresh roast from the rear leg. Near complete organic diet, No hormones or antibiotic	All Natural	\$5.46/lbs
	Pork, breakfast padi sausage		
#461	Order number of lbs. You will be billed for exact weight (approx. 1 - 1.75 lbs) From pigs fed all organic diet. Conventional seasoning by Northwest Premium Meats.	All Natural	\$5.52/lbs
	Pork, Ham Roast/Thick Steak		
#457	Order number of packages. You will be billed for exact weight (approx. 3.5 - 4.5 lbs) Center cut ham, 1.5-2.5 in. thick. Pigs finished on all organic diet, no antibiotics , hormones	All Natural	\$5.46/lbs
	Pork, Ham sliced		
#458	Order number of packages. You will be billed for exact weight (approx. 1 - 2 lbs) Center cut slices(2 per pack) from pigs finished on all organic diet	All Natural	\$5.75/lbs
	Pork, Loin Roast		
#2340	Order number of roasts. You will be billed for exact weight (approx. 5.5 - 7.5 lbs) In-bone loin roast, pigs fed completely organic, vegetarian diet	All Natural	\$5.75/lb
	Pork, Spare ribs		
#507	Order number of packages. You will be billed for exact weight (approx. 2.5 - 3.5 lbs) Pork spare ribs,3-3.5# rack, no antibiotics or hormones, finished on all organic diet	All Natural	\$5.18/lbs
	Pork, steak		
#460	Order number of packages. You will be billed for exact weight (approx. 0.75 - 2 lbs) from pigs finished on all organic diet	All Natural	\$5.18/lbs

Parrott Family Farm Established 1913

#2277	LOCAL breakfast sausage		\$6.90/package
	Order number of packages. 1 pound double wrap white paperno msg...no nitrites...just what you expect in taste.... other sausage spices on demand ..tell a restaurant Use the EMAIL "note" when ordering this product to inform me and Idaho Bounty the amount of		

various sausage you might possibly eat in 6 months. No commitment however. Although nice looking etc, putting casings on adds \$2 per pound to cost

OUT OUT CHECKNEXT WEEK LOCAL Italian sausage.. not a pansy store flavor

#2270 Order number of 1 # packages. double wrap white paper.. no nitrates or msg...NOT LINKS... OUT FOR THIS CYCLE >>>>NEXT WEEK likely \$7.00/package

Poultry

Chicken

#	Product	Type	Price
Mesquite Cattle Co. LLC			
	Stewing Hens		
#2273	Order number of eaches. You will be billed for exact weight (approx. 2.25 - 4.5 lbs) Stewing Hens These are all natural pasture raised! Great for soups and crock pot meals! Older Hens have more flavor! Straight from Hill's Happy Hens.	All Natural	\$4.60/lb

Other

#	Product	Type	Price
CA Bull Elk Ranch			
	Pheasant / Whole		
#287	Order number of birds. You will be billed for exact PROCESSED weight (approx. 1.25 - 2.25 pounds) All natural, no hormones	All Natural	\$8.34/pound

Beans, Lentils, Peas

Dry Beans

#	Product	Type	Price
Canyon Bounty Farm			
	Tiger's Eye Dry Bean - 1 lb.		
#1140	Order number of bags. Certified organic. Gorgeous golden orange beans with maroon swirls cook up into a creamy texture similar to a pinto. 2008 crop. Includes cooking tips. 1 lb. = 2 cups dry beans = 6 cups cooked beans	Certified Organic	\$4.43/1 pound bag
	Tiger's Eye Dry Bean - 3 lbs.		
#1141	Order number of bags. Certified organic. Gorgeous golden orange beans with maroon swirls cook up into a creamy texture similar to a pinto. 2008 crop. Includes cooking tips. 1 lb. = 2 cups dry beans = 6 cups cooked beans	Certified Organic	\$13.28/3 pound bag

MM Heath Farms Inc.

#1095	Beans, Organic Black Turtle, 5# Order number of bags. Organic Black beans, 5# bags	Certified Organic	\$6.04/5# bag
#1051	Beans, Organic Blacks, 25# Order number of bags. Organic Black Turtle beans, new crop	Certified Organic	\$27.60/25# bag
#1094	Beans, organic, Black turtle, 2# Order number of bags. Organic black beans, 2# bag	Certified Organic	\$2.88/2# bag
#306	Dry Beans, Flageolet(XL bag) Order number of bags. New crop, excellent quality	Certified Organic	\$60.37/25 lb. bag
#303	Dry Beans, Flageolet, (small bag) Order number of bags. New crop, excellent quality	Certified Organic	\$5.18/2lb. bag
#304	Dry Beans, Flageolet, 5# bag Order number of bags. New crop, excellent quality	Certified Organic	\$12.65/5 lb. bag
#14	Dry beans, pink (small bag) Order number of bags.	Certified Organic	\$2.30/2 lb. bag
#232	Dry beans, pink, 5# bag Order number of bags.	Certified Organic	\$4.60/5 lb. bag
#235			\$2.30/2 lb. bag

	Dry beans, pinto (small bag) Order number of bags. Organic pinto beans, 2# bag	Certified Organic	
#234	Dry beans, pinto, 5# bag Order number of bags. Organic Pinto Beans, 5# bag	Certified Organic	\$4.60/5 lb. bag
#202	Dry beans, red (small bag) Order number of bags.	Certified Organic	\$2.30/2 lb. bag
#13	Dry Beans, red, 5# bag Order number of bags.	Certified Organic	\$4.60/5 lb. bag
#203	Dry beans, small white (small bag) Order number of bags.	Certified Organic	\$2.88/2 lb. bag
#12	Dry beans, small white, 5# bag Order number of bags.	Certified Organic	\$6.04/5 lb. bag

Lentils

#	Product	Type	Price
Timeless Seeds. Inc.			
	Black Beluga(R) Lentil, 16 oz. retail package Order number of packages. The caviar of lentils! This is our hallmark heirloom black lentil, which we introduced to the natural food industry in 1994. Small, black, distinctive in soups or salads. 24% protein (higher than any other variety of lentil), excellent source of dietary fiber and folates. Chefs love this one! No soaking necessary. Cooks in 20 minutes at a simmer.	Certified Organic	\$4.80/16 oz. pkg
#2244			
	Black Beluga(R) Lentil, 25 lb. bag Order number of bags. The caviar of lentils! This is our hallmark heirloom black lentil, which we introduced to the natural food industry in 1994. Small, black, distinctive in soups or salads. 24% protein, excellent source of dietary fiber and folates. Chefs love this one! No soaking necessary. Cooks in 20 minutes at a simmer.	Certified Organic	\$53.47/25 lb bag
#2247			
	Du Puy Lentil, 16 oz. retail package Order number of packages. Considered the premier lentil by Europeans and while take cloth chefs, this lentil originated in the Le Puy region of France. It's beautiful speckled blue and green seedcoat is reminiscent of a smooth stone in a mountain stream. It is rightly valued by gourmet chefs around the world for its smooth, creamy texture and slightly peppery finish. The Du Puy holds its body well when cooked, so is well suited for soups and cold salads that will be eaten as leftovers. No soaking necessary. Cooks in 25 minutes at a simmer.	Certified Organic	\$4.71/package
#2283			
	French Green Lentil, 25 lb. bag Order number of 25 lb. bags. Sometimes called Du Puy Lentil, the French Green is both beautiful and delicious. Its beautiful speckled blue and green seedcoat is reminiscent of a smooth stone in a mountain stream. This lentil is rightly valued by gourmet chefs around the world for its smooth, creamy texture and slightly peppery finish. The Du Puy holds its body well when cooked, so is well suited for soups and cold salads that will be eaten as leftovers. No soaking necessary. Cooks in 25 minutes at a simmer.	Certified Organic	\$49.45/25 lb. bag
#2286			
	Green Lentil, 25 lb. bag Order number of bags. This large green lentil has a satisfying earthy flavor that is well suited for hearty and meat based soups, chili, and baked lentil dishes. Excellent source of protein, dietary fiber, folates. No soaking necessary. Cooks in 30 minutes at a simmer.	Certified Organic	\$42.95/25 lb bag
#2248			
	Harvest Gold(R) Lentil, 25 lb bag Order number of 25 lb bags. This quick cooking lentil is the color of sunshine, with a mild sweet flavor. It's outer skin has been removed, so cooking time is less than 10 minutes at a simmer. The Harvest Gold(R) is well suited for Indian dals and pureed soups, as a high-protein and fiber ingredient for dips and baked goods. Try it blended with cooked rice, a dash of salt, and bit of toasted sesame oil.	Certified Organic	\$56.14/25 lb bag
#2358			
	Petite Crimson Lentil, 25 lb. bag Order number of 25 lb. bags. Small, pretty, delicate, the Petite Crimson is the most feminine of all lentils. The outer skin has been removed revealing a vibrant red-orange interior. Cooking time is 5 to 8 minutes at a simmer, so it makes a quick and nutritious side dish. Overcooking will cause the lentil to "mush out", so it is often used for pureed soups. This is the lentil called "masoor dal" in Indian cuisine. When fully cooked, the lentil turns yellow.	Certified Organic	\$56.14/25 lb. bag
#2285			

Peas

#	Product	Type	Price
Timeless Seeds. Inc.			
	Yellow Split Peas, 16 oz. retail package		
#2246	Order number of packages. Milder, sweeter flavor than green split peas. Try them in your favorite recipe calling for peas, use for soups & dips. Good source of dietary fiber and protein. Cooks in about 1 hr. at simmer with no soaking.	Certified Organic	\$4.07/16 oz pkg
	Yellow Split Peas, 25 lb. bag		
#2249	Order number of bags. Milder, sweeter flavor than green split peas. Try them in your favorite recipe calling for peas, use for soups & dips. Good source of dietary fiber and protein. Cooks in 1 hr. at a simmer, with no soaking.	Certified Organic	\$39.10/25 lb bag

Oats, Grains, Flours and Pastas

Dried Corn

#	Product	Type	Price
MM Heath Farms Inc.			
	Organic Corn, No GMO's		
#2229	Order number of bags. Organic whole corn for livestock feed or whatever you want. New crop available now.	Certified Organic	\$11.21/bushel bag

Edible Seeds

#	Product	Type	Price
Timeless Seeds. Inc.			
	Golden Flax seed, 16 oz. retail package		
#2260	Order number of 16 oz. pkgs. Order number of 14 oz. packages. Gold flax is high in heart-healthy Omega-3 EFA oils and dietary fiber. All the benefits of flax oil and milled flax are in the whole seed, with no need for refrigeration. For best results, grind before use in a small coffee grinder, and use on oatmeal, salads, pancakes, yogurt and as an ingredient in baked goods. Attractive as whole seed in breads.	Certified Organic	\$5.04/16 oz. pkg.

Flour

#	Product	Type	Price
Canyon Bounty Farm			
	Cracked Wheat		
#1134	Order number of bags. Available in 1 lb. bag only. Certified organic. Delicious to have on hand to add to baked goods, for hot cereal or add to legume and pasta dishes. Recipes included.	Certified Organic	\$3.45/1 pound bag
	Organic Whole Wheat Flour - 3 lb. bag		
#543	Order number of bags. Grown and milled on a small farm in Nampa, Idaho, the flour is very fresh, and includes both the germ and bran. This is a hard red spring wheat - the kind preferred by bread bakers but it's been successfully used in a lot of other recipes. See website: www.canyonbountyfarm.com/flour for more details about the flour and for recipes.	Certified Organic	\$8.63/3 lb. bag
	Organic Whole Wheat Flour - 5 lb. bag		
#1135	Order number of bags. Grown and milled on a small farm in Nampa, Idaho, the flour is very fresh, and includes both the germ and bran. This is a hard red spring wheat - the kind preferred by bread bakers but it's been successfully used in a lot of other recipes. See website: www.canyonbountyfarm.com/flour for more details about the flour and for recipes.	Certified Organic	\$14.37/5 lb. bag

Oats

#	Product	Type	Price
Timeless Seeds. Inc.			
	Quick Oat Flakes, 25 lb. bag		
#2287	Order number of 25 lb. bags. Quicker cooking and creamier than Regular Oat Flakes. Soak and add to bread dough, muffins, pancakes for extra protein, and heart healthy oat fiber.	Certified Organic	\$33.92/25 lb. bag

#2344	Quick Oat Flakes, 5 lb. bag Order number of 5 lb. bags. Quicker cooking and creamier than Regular Oat Flakes. Soak and add to bread dough, muffins, pancakes for extra protein, and heart healthy oat fiber. Packaged in reusable, resealable heavy duty FDA-approved polyethylene bag.	Certified Organic	\$11.97/5 lb. bag
#2255	Regular Rolled Oat Flakes, 25 lb. bag Order number of 25 lb bags. Steam rolled and stabilized. Boils up in a matter of minutes for delicious oatmeal. Also the base ingredient for home-made granola. Soak and add to bread dough for extra protein, and heart-healthy oat fiber.	Certified Organic	\$33.14/25 lb bag

Wheat Berries (Whole Grain)

#	Product	Type	Price
Canyon Bounty Farm			
#2175	Organic Whole Wheat Berries - 10 lbs. Order number of bags.	Certified Organic	\$13.57/bag
#2176	Organic Whole Wheat Berries - 25 lbs. Order number of bags.	Certified Organic	\$30.48/bag
#1136	Organic Whole Wheat Berries - 3 lbs. Order number of bags. Certified organic. This is a hard red wheat variety - the kind preferred by bread bakers. Grind your own and add it to all sorts of baked goodies. And if you don't have a home flour mill try grinding the berries in your blender. It will make some of the tastiest pancakes.	Certified Organic	\$5.18/3 lb. bag
#1137	Organic Whole Wheat Berries - 5 lbs. Order number of bags. Certified organic. This is a hard red wheat variety - the kind preferred by bread bakers. Grind your own and add it to all sorts of baked goodies. And if you don't have a home flour mill try grinding the berries in your blender. It will make some of the tastiest pancakes.	Certified Organic	\$8.63/5 lb. bag

MM Heath Farms Inc.

#1368	Organic Soft White wheat, No GMO's Order number of buschels. Organic soft white wheat, excellent feed for mature chickens. Available in bulk amounts.	Certified Organic	\$11.21/buschel
#2228	Organic Triticale, No GMO's Order number of bags. Organic whole grain triticale for livestock. Somewhat higher feed value than wheat. Available milled and bagged.	Certified Organic	\$10.35/50# bag

Timeless Seeds. Inc.

#2284	Purple Prairie(R) Barley, 16 oz. retail package Order number of packages. This heirloom cereal grain originated in the Nile River Valley 8,000 years ago, and has been part of Tibetan mountain agriculture for centuries. Unlike pearled barley, the naturally hullless Purple Prairie(R) is a true whole grain with all its nutrition and dietary fiber intact. This barley is 15% protein, high in beta glucans and dietary fiber, and has a sweet smoky flavor that adds both substance and flavor dimension to soups and salads. Soak overnight and cook in the morning as a hot cereal. Grind it for a beautiful pastel purple flour that can be substituted for up to 10% in yeast breads and up to 50% in muffins and pancakes. Many people who are sensitive to wheat can tolerate this hullless barley. Hullless barley has a very low Glycemic Index of 23--less than half that of whole wheat! Cooks in 1 hour or more at a simmer, or may be soaked overnight to reduce cooking to 1/2 hour.	Certified Organic	\$3.16/package
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Condiments, Sauces, Spices

Appetizers/ Dips

#	Product	Type	Price
Julie Foods			
#1287	Sweet Hempini butter Order number of jars. This is made from Hemp seed grown in Manatoba, (someday in Idaho!) We use organic raw agave, organic (singing dog) vanilla, organic dates, organic coconut water, organic cashews, and a dap of raw sesame oil. This is a vegan butter that is		\$8.91/8.oz

excellent on breads or as is out of the jar. Caution to the consumer as this is extremely tasty!

Petra

#268	Petra's Cajeta (Mexican Caramel Sauce)	All	\$6.21/1/2 pint jar
	Order number of jars. Rich, creamy caramel sauce made from fresh goat milk. A traditional	Natural	

Mexican recipe made from fresh goat milk, organic sugar, and cinnamon.

Salad Dressing

#	Product	Type	Price
Fair Mountain Farm			
	Fair Mountain Balsamic Vinaigrette		
#948	Order number of Jars. The quintessential salad dressing or marinade! Thick,with a robust flavor. Brush it on veggies or your favorite meat. We've been making it for 11 years and still eat it 7 times a week!Refrigerate even before opening:use within 6 months. virgin olive oil,balsamic vinegar,white wine vinegar,mustard,honey,fresh garlic,salt,pepper	All Natural	\$6.99/12 oz jar
	Garlic Parmesan Dressing (NEW ITEM!!!)		
#2195	Order number of jars. Thick,creamy & delicious!Use as a dressing or a dip for veggies.Must be stored in fridge even before opening.Best used within 3 weeks. Ingredients:olive oil,mayo,white wine vinegar,Parmesan,anchovy paste,fresh garlic,dry mustard,salt,pepper	All Natural	\$6.99/12 oz jar

Spice/Spice Mix

#	Product	Type	Price
Canyon Bounty Farm			
	Feher Ozon Sweet Red Paprika		
#2232	Order number of jars. This is our newest value-added product from our organic seed farm. A very aromatic and sweet paprika, Feher Ozon can be used as a spice rub on meats, in casseroles and egg dishes. Processed and packaged at the University of Idaho Food Technology certified kitchen. Glass jar contains .5 ounce certified organic paprika.	Certified Organic	\$5.35/jar

Healthy Endeavors

	Savory Herbal Nutra-Greens (organic)		
	Order number of jars. With just a dash of Savory Herbal Nutra-Greens, you can increase the healing potential of any meal. This phyto-food was developed by blending the most palatable herbs to mix with your favorite dish. It makes a great addition to soups, salads, pastas, and breads. With a mild green flavor you are only limited by your imagination. Savory Herbal Nutra-Greens is sure to find a favored spot on your spice rack.		
#1305	The herbs contained in this blend have been found to have antioxidants, immune stimulating properties, anti-infection compounds, chlorophyll, Vitamins A, and C, as well as trace minerals. Ingredients Oregano Nettles Dandelion Leaves Basil	80% Organic	\$5.75/.5 ounce

Prepared Foods (Refrigerated/Frozen)

Desserts

#	Product	Type	Price
Fair Mountain Farm			
	Tona's Dark Secret Fudge Sauce		
#567	Order number of jars. Luscious,bittersweet chocolate sauce - perfect drizzled on ice cream,brownies,or pound cake.Try dipping strawberries in it for a real treat.Or...eat it straight from the jar! Refrigerate even before opening;keeps 1 yr. in fridge.Ingredients:CloverLeaf cream,dark chocolate,sugar,butter,vanilla.	All Natural	\$6.32/8 oz jar
	"Caramel Knowledge" Dessert Sauce		
#956	Order number of Jars. Our "new" variation of the traditional caramel sauce has a less super-sweet,very sophisticated flavor,with a hint of burnt sugar(think of Creme Brulee!).Delicious on ice cream(combine it with our "Dark Secret" Fudge Sauce for a decadent treat).Drizzle it on pound cake,bread pudding & brownies.Must be stored in your fridge(even before opening);lasts 1 year fridge.Ingredients:CloverLeaf cream,sugar,butter,vanilla	All Natural	\$6.32/8 oz jar

Entrees

#	Product	Type	Price
Morning Owl Farm			
	10" Bacon & Swiss Quack Quiche		
#1254	Order number of whole quiches. We're pleased to offer substantial 10" quiches, enough to feed 6-8 folks or make bountiful appetizers for small gatherings. Not sure you can eat a whole quiche? Split your order with a friend or freeze half for eating later! Using Boise's Morning Owl Farm duck eggs, a regional Swiss cheese, and Buhl's Cloverleaf Creamery milk, our quiche takes eating local to a new level. With pride, we set out to create a quiche blending Idaho's finest flavors with a French flair. C'est Bon, pardner!	All Natural	\$32.20/Whole quiche
	10" Chorizo, Red Pepper & Cheddar Quack Quiche		
#1372	Order number of whole quiches. Using Boise's Morning Owl Farm duck eggs and red peppers, Nampa's Canyon Bounty Farm organic whole wheat flour, lamb chorizo from Nampa's Meadowlark Farm, and Cloverleaf Creamery milk, our quiche takes eating local to a new level. With pride, we set out to create a quiche blending Idaho's finest flavors with a French flair, and our eaters say. "C'est Bon, pardner!"	All Natural	\$34.50/quiche
	10" Sun Dried Tomato, Sweet Red Pepper and Cheddar Quack Quiche		
#1373	Order number of whole quiches. Using Boise's Morning Owl Farm duck eggs, dried tomatoes and red peppers, Nampa's Canyon Bounty Farm organic whole wheat flour, Buhl's Cloverleaf Creamery milk products, and regional cheddar cheese, our quiche takes eating local to a new level. With pride, we set out to create a quiche blending Idaho's finest flavors with a French flair, and our eaters say not only did we succeed, they say. "C'est Bon, pardner!"	All Natural	\$32.20/quiche

Springs of Life

	Organic Oat Burgers		
#1539	Order number of package of 6s. Home made delicious, Oat Burgers. Ingredients: Organic Rolled Oats, Spring Water, Organic Onions, Red Bell Peppers, Soy Sauce, Nutritional Yeast, Organic Sunflower Seeds, Garlic Powder, Oregano, Organic Sweet Basil.	80% Organic	\$5.30/package of 6

Side Dishes, Sauces and Salsa

#	Product	Type	Price
Fair Mountain Farm			
	Basil Pine Nut Pesto		
#950	Order number of Jars. The traditional pesto at it's best! Intense, superb flavor. Excellent on pasta,rice,or on a baked potato. Better yet, scrambled with farm fresh Bounty eggs!Lasts a year in your fridge,or you can freeze it and use it by the spoonful(does not freeze hard). Fresh basil,olive oil,pine nuts,Parmesan cheese,fresh garlic,salt,pepper	All Natural	\$9.50/8 oz jar
	Cilantro Macadamia Pesto		
#951	Order number of Jars. A surprising twist in the world of pesto. Great on grilled chicken or fish (spread on the last minute of cooking). Also super in pasta,cooked rice,in a wrap,or on corn on the cob. Especially good on anything Mexican or Asian.Refrigerate even before opening;keeps for 1 year in fridge. Fresh cilantro,olive oil,macadamia nuts,Parmesan cheese,fresh garlic,salt,pepper	All Natural	\$9.50/8 oz jar

Prairie Sun Farm

	Cranberry-honey mustard		
#1499	Order number of jars. Made with ground mustard seed, local honey, apple cider vinegar and cranberries. Not too hot, flavorful and delicious taste addition to sandwiches and meats. Pretty 4 ounce round glass jar. Please return the jars for recycling thanks!	All Natural	\$4.31/jar
	French Wine Mustard		
#1738	Order number of jars. Made with red wine and red wine vinegar, crushed mustard seed, salt. Not a sweet mustard but more of a saltier variety. 4 ounce pretty round glass jar. Please return jar for recycling!	All Natural	\$4.60/jar
	fresh Red Onion "Marmalade" Relish		
#1149	Order number of tubs. 5-ounce tub.Our own red onions slow cooked with brown sugar, red wine vinegar and spices. Keep refrigerated. Best used within three weeks. Try it on burgers	All Natural	\$3.45/ tub

or as a meat or veggie relish. Excelent with salmon burgers and hot dogs too. Also good to top pork chops--slather on during the last 10 minutes of cooking for a richer sauce. Cooked red onions have been found to help the immune system prevent colds and flu!

#2343	Sawtooth Pub Mustard	All Natural	\$4.60/jar
	Order number of jars. A sweet slightly hot mustard, rich and thick. Made with local		

micro-brew beer! Other ingredients: mustard seed, white wine vinegar, brown sugar, salt, turmeric. Please return jar for recycling!

#1500	sweet German mustard	All Natural	\$4.31/jar
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Order number of jars. A nice sweet and spicy mustard. Perfect to go with ham or bratwurst!

Pretty 4 ounce round glass jar. Ingredients: mustard seed, apple cider vinegar, honey, onion, five different spices, brown sugar, garlic, salt. Please return the jars for recycling!

Soft Touch Greenhouse

Bread and Butter Refrigerator Pickles

#2341	Order number of jars. This old family recipe is a favorite among all those who try them. They are made with our sliced all natural mini english cucumbers. They retain the crunchy quality of our cucumbers, and are good on hamburgers, sandwiches or straight out of the jar. They are mild in flavor (not as sweet as a sweet pickle or as strong as a dill pickle). Ingredients: Cucumbers, onion, sugar, vinegar, salt, turmeric, mustard seed, celery seed.	All Natural	\$5.99/pint jar
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Springs of Life

Apple Butter

#1215	Order number of jars. Fresh from our Apples. No pesticides or chemicals. Ingredients: Apples, Coriander. No sugar added. Needs to be refrigerated after opened.	All Natural	\$6.08/8 oz. jar
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Prepared Food (Non-Refrigerated)

Canned Goods

#	Product	Type	Price
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Springs of Life

Applesauce

#1216	Order number of Jars. Made from apples from our orchard. Ingredients include Apples, Honey, & Organic Coriander	All Natural	\$5.00/16 oz jar
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Crackers

#	Product	Type	Price
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Julie Foods

Anahiem and black olive seed bread

#1184	Order number of baggies. This extraordinary flat bread is made with the same awesome flax seeds, hemp seeds, and pumpkin seeds but we have added Anahiem's and black olives along with a dap of basil and sage for that savory kick! > NO WHEAT NO DAIRY >< NON GMO NO GLUTEN >< NO NUTS > Just go for it!	80% Organic	\$5.98/baggie
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B.L.T. Basil, Leek, and Tomato

#1526	Order number of bags. Naturally wheat free, gluten free, sugar free, and dairy free. We use organic flax from Rupert, organic pumpkin seeds, organic Hemp seed (directly from the grower in Manitoba), organic tomato's, leeks (or green onions), and organic basil! This is flavored with liquid electrolytes sourced from the north end of the Great Salt Lake. Yippee, something we can eat that is healthy and tasty.	80% Organic	\$5.98/bag
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Idaho flax flat bread

#1125	Order number of baggies. This cracker (bread) is a raw food. Raw foods provide nourishment more profoundly life sustaining than cooked versions of the same food. We use raw organic (or all natural) seeds and nuts that are soaked for their various required lengths of time, which releases their enzyme inhibitors and frees the nutrients. This bread is made with flax, (Organic from Rupert) pumpkin, brazil nuts, cold pressed olive oil, and flavored with whole basil, rosemary, sage, caraway and himalayan salt. It is mouth watering good! We use flax seed from the Snake River. -Flax seeds are an excellent source of high-quality protein. -Are rich in soluble fiber, clean the colon, acting as a gental, natural laxative. -Contain vitamns B1, B2, C, E and carotene. The seeds also contain iron, zinc, and trace amounts of potassium, magnesium, phosphorus, and calcium. -Contain up to 100 times more of the phytonutrient 'lignin' than buckwheat, rye, millet, oats, and soybeans. Lignins flush excess estrogen out of the body.	80% Organic	\$5.98/baggie
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Idaho olive flat bread

#1150	Order number of bags. We are using the same great ingredients that we use for the Idaho flax bread. Organic Snake river flax, Organic pumpkin seeds, Organic brazil nuts and all the yummy fresh herbs (from Purple Sage). If you are an olive lover this is the bread/cracker for you. Remember, all of these flat breads are WHEAT FREE, GLUTEN FREE, SUGAR FREE, and NON DAIRY. Of course there are no additives. These dehydrated breads/crackers are naturally preserved by the large amounts of vitamin 'E' and the dehydration process. Enjoy!	80% Organic	\$5.98/baggie
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The "I am allergic to everything" cracker

#1126	Order number of baggies. Naturally VEGAN and GLUTEN FREE these crackers are made	80% Organic	\$5.98/baggie
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with Organic flax seeds, Organic pumpkin seeds, and Organic hemp seeds. They are flavored with Braggs Amino Acids. The flax seed is ground and whole. The Hemp seeds are ground and have an even higher and more absorbable omega 3 then flax seed. Hemp is also an excellent source of high-quality protein. Pumpkin seeds are most noted for their zinc and pygynum, great for prostrate health. NO NUTS, NO DAIRY, NO WHEAT. Just the amazing taste of raw organic seeds. The hemp gives it the lovely nutty flavor.

Rolling in Dough

	Cheese crackers		
#997	Order number of packages. 1 dozen crackers Cheese, butter, flour, cream, sugar, salt and pepper.	All Natural	\$6.90/package

Jams and Jellies

#	Product	Type	Price
Canyon Bounty Farm			
	Roasted Sweet Red Pepper Jam		
#1845	Order number of jars. This sweet pepper jam is delicious over chevre cheese or with Ballard's Danish Pearl Cheese and some whole wheat crackers. Makes an easy hors d'oeuvre. Also pairs deliciously well with local pork and chicken dishes. We grow the red peppers at Canyon Bounty Farm for seed. For the complete story, go to: www.canyonbountyfarm/jam . All ingredient organic except for pectin. Made in a certified kitchen. 5 ounces.	80% Organic	\$7.48/jar
Fair Mountain Farm			
	Cinnamon Cider Jelly		
#944	Order number of jars. Made from hand pressed cider with apples from our heirloom trees and a dollop of spice. One customer calls it "apple pie on toast!" Non-sprayed fruit, sugar, pectin	All Natural	\$5.95/8 oz jar
	Cranberry Apple Chutney		
#2154	Order number of jars. Not just for holiday feasting! A delightful, great-tasting mix of fresh cranberries, our apples, golden raisins, shallots, & thyme. Perfect for turkey, game, pork & those great leftover sandwiches. Also spread over cream cheese. Ingredients:cranberries,apples,raisins,shallots,lemon juice,sugar,butter,thyme	All Natural	\$6.35/8 oz jar
	Plum Wild Jelly		
#945	Order number of Jars. Made from the intensely flavored Damsom plums from our orchard, mixed with wild elderberries harvested "up the crick" from our farm. Full of anti-oxidants! Non-sprayed fruit, sugar, pectin	All Natural	\$5.95/8 oz jar
Home Sweet Homemade			
#132	Apple Butter Order number of jars. Great Grandma's recipe! Ingredients: apple, sugar, cinnamon, gloves.	All Natural	\$8.05/jar
#134	Apricot Jam Order number of jars. Ingredients: apricots, sugar, lemon & pectin	All Natural	\$7.76/jar
#542	Banana jam Order number of 1/2 pints. banana,suger,& pectin	All Natural	\$6.04/1/2 pint
#135	Blackberry Jam Order number of jars. Ingredients:blackberries, sugar, & pectin	All Natural	\$9.20/jar
#133	Blueberry Jam Order number of jars. Ingredients: blueberries, sugar,lemon, & pectin.	All Natural	\$6.04/jar
#136	Boysenberry Jam Order number of jars. Ingredients: boysenberries, sugar,& pectin	All Natural	\$6.90/jar
#155	Champagne Jelly Order number of jars. Ingredients: champagne wine, sugar, lemon, & pectin.	All Natural	\$8.91/jar
#156	Champagne Strawberry Jelly Order number of jars. Ingredients: champagne wine, strawberries,sugar, lemon, & pectin.	All Natural	\$9.20/jar
#137	Cherry Jam Order number of jars. Ingredients: cherries, sugar, lemon, & pectin.	All Natural	\$10.06/jar
#679	Cherry Jam Order number of jars.		\$10.35/jart
#154	Chokecherry Jelly Order number of jars. Ingredients; Wild chokecherries from the South Hills,sugar, lemon, & pectin.	All Natural	\$11.50/jar
#138	Cran-Raspberry Jam Order number of jars. Ingredients: cranberries,raspberries,sugar, & pectin.	All Natural	\$7.48/jar

#139	Cranberry Marmalade Order number of jars. Ingredients: Cranberries, orange, lemon, sugar, & pectin.	All Natural	\$7.48/jar
#185	Cranberry Marmalade Order number of jars.	All Natural	\$7.48/jar
#147	Elderberry Jelly Order number of jars. Ingredients: Wild elderberries from the South Hills, sugar, & pectin.	All Natural	\$11.50/jar
#146	Honey Order number of jars. Honey is raw and comes from Buhl, this is just the way the Bees made it.	All Natural	\$6.04/jar
#69	Huckleberry Jam Order number of jars. Ingredients: Idaho huckleberries,sugar, lemom, & pectin.	All Natural	\$12.65/jar
#149	Jalapeno Jelly - HOT Order number of jars. Ingredients:Jalapenos grown in our own garden, sugar, apple vinegar, & pectin and atouch of food coloring for looks.	All Natural	\$6.90/jar
#148	Jalapeno Jelly - MILD Order number of jars. Ingredients:Jalapenos are grown in our own garden, sugar, apple vinegar, Pectin , and atouch of food coloring for looks.	All Natural	\$6.90/jar
#151	Orange Marmalade Order number of jars. Ingredients: oranges, lemon, & pectin.	All Natural	\$6.04/jar
#152	Peach Jam Order number of jars. Ingredients: peachs, sugar, lemon, & pectin.	All Natural	\$7.19/jar
#153	Pear Jam Order number of jars. Ingredients: pears, sugar, lemon, & pectin.	All Natural	\$6.04/jar
#141	Plum Jam Order number of jars. Ingredients: plums, sugar, lemon,& pectin.	All Natural	\$9.20/jar
#142	Raspberry jam Order number of jars. Ingredients: raspberries,sugar,& pectin.	All Natural	\$6.04/jar
#150	Raspberry Jalapeno Jam Order number of jars. Ingredients:Jalapenos, Raspberries,sugar,apple vinegar, & pectin.	All Natural	\$6.90/jar
#143	Raspberry Rhubarb Jam Order number of jars. Ingredients: raspberries, rhubarb, sugar, lemon, & pectin.	All Natural	\$6.04/jar
#145	Strawberry Jam Order number of jars. Ingredients: strawberries, sugar, & pectin.	All Natural	\$6.04/jar

Prairie Sun Farm

#550	Fresh strawberry jam Order number of tubs. freezer/refrigerator jam made from fresh picked strawberries from our garden. Incredible fresh berry taste. 5 ounce tub. Keep refrigerated for three weeks or freeze up to a year and thaw to use when needed.	All Natural	\$4.31/ tub
#2333	apple-raspberry jelly Order number of jars. Sweet and tangy, 8 ounce jar of one of my best selling jellies at the farmers market. Ingredients: apple and raspberry juices, sugar, pectin. Please return jar for recycling.	All Natural	\$5.75/jar
#2301	Bar-le-Duc Order number of jars. Red currant preserves. Beautiful rich flavor. Berries from our summer garden, completely pesticide free. Ingredients include Red Lake currants and Idaho sugar. 8 ounce jar. Please return jar for recycling.	All Natural	\$6.90/jar
#58	Caramel spice apple butter Order number of jars. Slow cooked for 12 hours for deep rich flavor. Ingredients: fresh apples, sugar, lemon juice, spices. 8-ounce jar.(Please recycle jars by returning.)	All Natural	\$6.90/jar
#742	fresh Very-Berry jam (strawberry-raspberry) Order number of tubs. Made from our own garden grown strawberries AND Raspberries. THE LAST OF THE RASPBERRIES UNTIL AUGUST! 5 ounce tub. Can be refrigerated for three weeks, or frozen for a year.	All Natural	\$4.31/tub
#2337	fruit-berry jelly Order number of jars. A nice mix of fruit and berry juices to make a sweet/slightly tart pretty	All Natural	\$5.75/jar

jelly. Includes apple, raspberry and current juices, sugar, pectin. Please return jar for recycling.

- Lemon & Spice Carrot jam**

#59 Order number of jars. nutritious and delicious-good on toast, cornbread or muffins--or use as an ingredient for meat condiment. Ingredients:our own fresh carrots, fresh lemon juice and zest, sugar, spices. 8 ounce jar (Please return the jar for recycling.)

All Natural \$6.90/jar
- raspberry-currant jam**

#2297 Order number of jars. Beautiful red raspberries and Red Lake currants from our summer garden! Ingredients: berries and Idaho sugar and nothing else. 8 ounce jar, please return jar for recycling.

All Natural \$6.90/jar
- Sweetheart Red currant jelly**

#1268 Order number of jars. Made from our own red currants from our summer garden. Beautiful red color and incredible taste! 8-ounce jar. (Please return jar back for recycling.)

All Natural \$5.75/jar

Ramblin Rose Ranch

- Blackberry Jam**

#1719 Order number of half pint jas. This great jam is the truth. Really, truly, perfectly huge blackberries and sugar only. To taste it is to be in the truth.

All Natural \$9.19/jar
- Brilliant Orange Marmalade**

#1296 Order number of jars. Fresh off our sweet orange tree. Just the best tasting marmalade ever. Clear flavor comes from pure fruit, sunshine, local beet sugar, nothing else.

All Natural \$7.99/jar
- Concord Grape Jam**

#1065 Order number of jars. Tastes like Welch's, without the guilt. Beyond organic, chemical free grapes I grew on my farm. Local beet sugar. No pectin. Nothing I didn't grow myself. All Natural

All Natural \$7.99/1/2 pint jar
- Grapefruit Marmalade**

#1316 Order number of jars. We grow these round, small yellow grapefruit in our holy, chemical-free, and love-intensive greenhouse. Wondered how it would be as marmalade...Wow! This heavy, golden stuff wakes you up. Strong, tart, sweet then bitter - the perfect companion for the winter morning. Personal favorite of Frank Sinatra.

All Natural \$7.99/jar
- Homegrown Peach Jam**

#1052 Order number of jars. Beyond organic, chemical free peaches I grew on my farm. Local beet sugar. No pectin. Nothing I didn't grow myself.

All Natural \$7.99/1/2 pint jar
- Meyer Lemon Marmalade**

#2256 Order number of jars. Lemonade for your toast. Sweet, sour, sunny taste goes everywhere a lemon can - marinade, salad dressing, jam for breakfast, lunch and dinner. Homemade, small batches, cane sugar. No GMO's!

All Natural \$9.41/jar
- Pomelo Marmalade**

#1113 Order number of jars. Lovely floral marmalade from the mother of citrus fruits! Grapefruit and tangelos are the hybridized offspring of the pomelo, a huge, pale green citrus that just happens to make the most beautiful marmalade ever. Really strong, stoutly bitter with a little bit of Meyer lemon and local beet sugar. All homegrown, handpicked, handmade, totally chemical free.

All Natural \$7.99/jar
- Sweet Baby Tangerine Marmalade**

#1203 Order number of 1/2 pint jars. Here is the sweetest tangerine jam. Surprisingly mild marmalade made from the first fruiting of our new baby tree. Sunny and super sweet, this is our new favorite thing.

All Natural \$7.99/jar

Honey & Molasses

Honey

- | # | Product | Type | Price |
|-------------------------|-------------------------------|-------------|--------------------|
| Prairie Sun Farm | | | |
| #1183 | ginger and lime infused honey | All Natural | \$5.75/5 oz jar |
| #551 | | | \$5.75/5-ounce jar |

	Honey, infused with rosemary Order number of jars. Wonderful Camas County honey infused with fresh rosemary flavor from our herb garden. An amazing and interesting flavor combination.	All Natural	
#514	Honey, infused with mint Order number of jars. delicious Camas county honey, infused with home-grown mint. Lovely in a cup of tea.	All Natural	\$5.75/5-ounce jar
#491	jalapeno infused honey Order number of jars. sweet and hot, but not too much. Great on cornbread. Slather on chicken or grilled meat. Also good for a dipping sauce base or just as it is.	All Natural	\$5.75/5-ounce jar
#490	Orange infused honey Order number of jars. delicate orange flavored local honey. Perfect in a cup of tea or on bread.	All Natural	\$5.75/5 ounce jar
#1488	pure honey Order number of jars. Camas County mild honey, mostly made from organic alfalfa pollen. Has not been boiled, just gently warmed, so can be considered "raw" for allergy fighting purposes. 5.5 ounce jar	All Natural	\$5.75/5.5 oz jar

VeeBee Honey

#1841	2 gallon bucket Raw Honey Order number of buckets. Raw, unfiltered, from the Wood River and Magic Valleys	All Natural	\$62.10/24 lb. bucke
#1927	Half Gallon Raw Honey Order number of half gallons. 1/2 gallon bucket of raw, unfiltered honey from Magic and Wood River valleys	All Natural	\$18.97/1/2 gallon
#2009	One Gallon Raw Honey Order number of buckets. One gallon bucket of raw, unfiltered honey from the Magic and Wood River Valleys.	All Natural	\$35.65/gallon bucke
#1890	Pint Raw Honey Order number of pints. Raw, unfiltered honey from the Wood River Valley. Top grade in color and moisture content.	All Natural	\$6.61/pint
#1889	Quart Raw Honey Order number of quarts. Raw, unfiltered honey from the Wood River Valley. Top grade in color and moisture content.	All Natural	\$11.50/quart
#2298	Special! 1 gallon bucket & FREE 24 oz. bear Order number of Specials. Raw honey from Magic and Woodriver Valleys	All Natural	\$35.65/gallon/bear

Baked Goods

Bread

#	Product	Type	Price
#1376	Whole Wheat Pizza Crust Order number of packages. Made with organic whole wheat flour from Canyon Bounty Farm, and hand crafted by the fine bakers at Gaston's Bakery (Boise). Contains two (2), 11-inch crusts that have been pre-baked. Ready to be used or they freeze well. Add local cheese and meat, fresh vegetables and herbs, and you have an easy, delicious meal.	80% Organic	\$9.77/package

Julie Foods

#1320	Wheat free, sugar free zucchini bread Order number of loaves. We use brown rice flour, white rice flour, almond flour, and quinoa flour; tapioca starch, potato starch, Xanthan gum, aluminum-free baking soda and baking powder. Stevia and date water are sweetening it, flavored with grade 'B' maple syrup (for the extra nutrients) Coconut oil (which are medium chain triglycerides, better processed by the body, good for weight loss and heart health) We use the exceptional 'duck eggs' from Idaho's bounty, and garden fresh zucchini (when available). Raw sesame seeds are baked on top. This bread is moist and sweet. It is the perfect compamion with 'Hempini" butter. Enjoy!		\$6.90/mini loaf
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Pastries with a Purpose

	Gluten Free Chocolate Walnut Banana Bread		
#2054	Order number of Loaves. Organic Gluten Free Flour blend, Organic eggs, bananas, Sea salt, Agave Nectar, Baking Soda, Organic Milk, Organic butter, Toasted Walnuts, Semi sweet chocolate	80% Organic	\$7.19/loaf

Prairie Sun Farm

	Oatmeal Bread, full size		
#471	Order number of loaves. Same wonderful bread as the small size loaf but in a full-size. Hand kneaded. Made with local honey. Ingredients: unbleached GMO-free wheat flour, home-ground whole wheat flour, oats, honey, wheat germ, butter, yeast, salt.	All Natural	\$6.90/loaf
	Oatmeal bread, baby loaf		
#357	Order number of loaves. This bread is great toasted! Wheat germ added for additional nutrition. Our family's favorite for over 25 years. Ingredients: unbleached flour, home-ground whole wheat flour, (all flour is GMO and pesticide-Free) oats, wheat germ, honey, butter, yeast, salt. Hand kneaded.	All Natural	\$2.88/loaf
	Oatmeal herb loaf		
#1437	Order number of loaves. Wonderful full-size oatmeal bread with four herbs: basil, oregano, marjoram and thyme. Ingredients: unbleached flour, whole wheat flour, (all flour is GMO and pesticide-Free) oats, wheat germ, local honey, butter, herbs, yeast, salt. Hand kneaded.	All Natural	\$6.90/loaf
	pumpkin bread with chocolate chips.		
#63	Order number of loaves. Baby loaf. Incredibly moist. Good with cream cheese. Ingredients: pumpkin, home-ground whole wheat flour, gmo-free unbleached flour, farm fresh eggs, brown sugar, sugar, canola oil, spices, salt, baking soda. this variety has chocolate chips.	All Natural	\$3.97/loaf
	pumpkin bread with crab apple butter		
#188	Order number of loaves. A ribbon of homemade crabapple butter runs through this baby loaf. Incredibly good and very nutritious! (see ingredients list with pumpkin bread w/ chocolate chips)	All Natural	\$3.97/loaf
	Pumpkin bread with cranberries.		
#61	Order number of loaves. Baby loaf. Product list same as with chocolate chips but with cranberries.	All Natural	\$3.97/loaf
	Pumpkin bread with walnuts.		
#62	Order number of loaves. Baby loaf. Product list same as with chocolate chips but with walnuts.	All Natural	\$3.97/loaf
	cinnamon swirl oatmeal bread		
#1432	Order number of loaves. full size loaf of wonderful oatmeal bread (same ingredients) but with a swirl of cinnamon and brown sugar in the middle. Pretty for toast.	All Natural	\$7.07/loaf
	Garden Herb bread, baby loaf		
#381	Order number of loaves. Ingredients: Unbleached flour (GMO and pesticide-Free), our sweet carrots, our farm fresh eggs, oats, milk, onion, garlic, local honey, herbs, baking soda, salt	All Natural	\$3.97/loaf
	pumpkin bread with everything		
#189	Order number of loaves. Baby loaf of delicious and nutritious pumpkin bread with chocolate chips, walnuts and cranberries. The best! Now made with freshly home-ground whole wheat flour, pesticide-free and non-GMO wheat flour, pumpkin, eggs, canola oil, brown sugar, sugar, spices, salt, baking soda and baking powder.	All Natural	\$4.14/loaf
	Sweet Carrot cinnamon loaf with raisins.		
#387	Order number of loaves. Baby loaf of tender sweetness. My own recipe, made with our sweet carrots, our farm fresh eggs, GMO-free flour, oats, milk, canola oil, orange juice and zest, salt, baking soda and just the right amount of spices. This one has raisins also.	All Natural	\$3.97/loaf
	Sweet carrot cinnamon loaf, with almonds.		
#382	Order number of loaves. Baby loaf of spicy sweet carrot bread, with orange juice and zest. Wonderful for breakfast, brunch or a mid-afternoon snack. Made with our own carrots and farm fresh eggs, gmo-free unbleached flour, oats, milk, canola oil, brown sugar, baking soda, salt, spices. Sprinkled with slivered almonds.	All Natural	\$3.97/loaf
	Yellowstone Gingerbread.		
#366	Order number of loaves. Baby loaf. Wholesome, moist and very nutritious, this ginger bread is made with honey and molasses, home-ground whole wheat flour, our own farm fresh	All Natural	\$3.97/loaf

eggs, milk, canola oil, cinnamon, cloves, ginger, baking powder and salt. Delicious served with applesauce, whipped cream or warm lemon sauce.

Rolling in Dough

#379

\$13.95/4 pastries

Bear Claws

Order number of packages. Flakey danish pastry with the traditional almond filling and apricot glaze

All
Natural

	Brioche a tete		
#786	Order number of loaves. 1 pound brioche A rich egg bread in the traditional shape. Organic bread flour, organic eggs, butter, organic milk, sugar, yeast, and sea salt.	80% Organic	\$6.99/1 pound loaf
	Pizza Dough 1 pound 4 oz		
#998	Order number of packages. Dough made with organic flour. Flour, water, honey, yeast, and sea salt.	80% Organic	\$4.99/package
	Scones		
#170	Order number of packages. huckleberry 4 pack Flour, buttermilk, butter, huckleberries, sugar, baking powder, salt, baking soda and lemon.	80% Organic	\$11.99/package
	Sticky Flakey Buns		
#171	Order number of packages. Honey Walnut 4 per package Flour, butter, sugar, milk, eggs, honey, walnuts, cinnamon, yeast, salt and cardamom.	All Natural	\$13.98/package

Springs of Life

	Sprouted Wheat Loaf Bread		
#1211	Order number of loaves. Sliced. Great for sandwiches & toast. Ingredients: Organic Sprouted Wheat Berries, Organic Whole Wheat Flour, Gluten Flour, Organic Sunflower Seeds, Spring Water, Golden Flax Seeds, Organic Raisins, Malt, and Yeast.	80% Organic	\$5.00/loaf

Granola

#	Product	Type	Price
	Granola with Honey and Nuts		
#169	Order number of packages. Organic Oats, Almonds, Walnuts, Wheatgerm, Unsweetened coconut, Milk, Canola oil, Maple syrup, and Honey More than 35% nuts by weight	All Natural	\$8.99/12 ounces

Springs of Life

	Organic Almond Delight Granola		
#1207	Order number of bags. Ingredients: Organic Rolled Oats, Organic Whole Wheat Flour, Organic Sunflower Seeds, Honey, Coconut, Organic Oaisins, Almonds, Vegetable Oil, Spring Water, Sea Salt, Almond Extract and Vanilla.	80% Organic	\$8.12/1.5 pounds

Beverages

Coffee

#	Product	Type	Price
	Hailey Coffee Company		
	Barkin' Beans		
#2202	Order number of packages. Hailey Coffee Company is partnering with The Wood River Animal Shelter. With the purchase of Barkin Beans, \$2.00 will be donated to the Animal Shelter to help further its animal welfare programs. The Shelter promotes companion animal welfare by providing temporary shelter for homeless pets, adopting them to qualified homes, & reducing animal abuse, neglect, & overpopulation through community education & spay/neuter services The Animal Shelter is a no kill shelter, safely housing any adoptable animal until a loving home is found.	Certified Organic	\$14.95/pound
	Colombian		
#403	Order number of packages. Certified organic, shade grown, fair trade and "Cafe Femenino". A classic South American coffee, medium bodied, smooth, with a hint of brightness. The beans are from Columbia, locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor.	Certified Organic	\$12.30/pound
	Dark Island Blend		
#411	Order number of packages. A delightful blend of Kauai and French Roast creating a medium bodied coffee with floral undertones and a hint of dark roast. Locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor.	Certified Organic	\$13.92/pound
	Decaf French Roast		
#420	Order number of packages. Certified organic, shade grown and Swiss water process decaffeinated. This method is most preferred as it is a decaffeination process without	Certified Organic	\$13.45/pound

chemicals. Roasted locally in Hailey. We recommend storing the beans in the freezer for freshness and flavor.

Decaf Guatemala

#418 Order number of packages. Certified organic, shade grown and Swiss water process decaffeinated. This method is most preferred as it is a decaffeination process without chemicals. Locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor. Certified Organic \$13.45/pound

Decaf Peru Andes Gold

#417 Order number of packages. Certified organic, shade grown and Swiss water process decaffeinated. This method is most preferred as it is a decaffeination process without chemicals. Locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor. Certified Organic \$13.45/pound

Decaf Sumatra

#419 Order number of packages. Certified organic, shade grown, fair trade and Swiss water process decaffeinated. This method is most preferred as it is a decaffeination process without chemicals. Locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor. Certified Organic \$14.78/pound

Decaf Taza Del Valle

#416 Order number of packages. Certified organic, shade grown. A Swiss water process, decaffeinated coffee; a method that is preferred as it is a decaffeination process without chemicals. Decaf Taza is Hailey Coffee Company's very own espresso blend which smooth, flavorful, robust beans which is traditional to northern Italy. Locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor. Certified Organic \$13.63/pound

Ethiopia

#404 Order number of packages. A wonderfully unique coffee, medium bodied with a winy characteristic. The beans are from Ethiopia, locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor. \$12.36/pound

Expedition Inspiration

#470 Order number of packages. The purpose of Expedition Inspiration Fund for breast cancer research is to raise awareness and monies to benefit breast cancer research through research project funding, public education, and patient support. Additionally, through organized and sponsored outdoor endeavors, Expedition Inspiration promotes the physical and mental well being of breast cancer survivors. Expedition Inspiration has been instrumental in calling attention to the breast cancer epidemic and the urgent need to find a cure. Hailey Coffee Company is excited to partner with Expedition Inspiration and help bring awareness to breast cancer. Hailey Coffee Company is now offering an Expedition Inspiration Blend. With each Expedition Inspiration Blend purchased, \$2.00 will be sent directly to Expedition Inspiration to help further breast cancer research. The Expedition Inspiration Blend is a wonderfully unique coffee, medium bodied with a winy characteristic. The beans are locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor. Certified Organic \$14.66/pound

French Roast

#409 Order number of packages. Certified organic, shade grown. A traditional French roast designed to enhance the characteristics of this dark roasted bean. Locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor. Certified Organic \$12.19/pound

Guatemala Santiago Atitlan

#402 Order number of packages. Certified organic, shade grown. A medium bodied coffee, high acidity, complete multidimensional cup characteristics. The beans are from Guatemala and locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor. Certified Organic \$12.30/pound

Italian Roast

#410 Order number of packages. Certified organic, shade grown. The Italian roast is a unique blend of two of our coffees. Dark roasted to create a robust, full bodied coffee rich in flavor. Roasted locally in Hailey. We recommend storing the beans in the freezer for freshness and flavor. Certified Organic \$12.30/pound

Kauai Estate Reserve

#407 Order number of packages. A medium bodied, smooth coffee with delightful floral undertones. The beans are from Kauai and locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor. \$14.95/pound

#405 \$13.45/pound

Kenya AA

Order number of packages. This coffee is very smooth, medium bodied, with a dry flavor. The beans are from Kenya, locally roasted in Hailey. We recommend storing the beans in the freezer for freshness and flavor.

Mocca Java Blend

#414 Order number of packages. a blend of Sumatran and Ethiopian coffee, unique, full bodied, full of flavor. Roasted locally in Haily. We recommend storing the beans in a freezer for freshness and flavor. Certified Organic \$12.48/pound

Nicaragua Savor De Segovia

#408 Order number of packages. Certified organic, shade grown. A unique South American coffee, rich in flavor, full bodied, winy characteristics. Locally roasted in Hailey. We recommend storing the beans in a freezer for freshness and flavor. Certified Organic \$12.30/pound

Nordic Blend

#412 Order number of packages. A French roast and Guatemalan bean blended to a full bodied, dark roast, and is robust in flavor. We recommend storing the beans in a freezer for freshness and flavor. Certified Organic \$12.30/pound

Peru Andes Gold

#401 Order number of packages. Certified organic, shade grown, a smooth, slightly sweet, medium bodied coffee. Beans from Peru, roasted locally in Hailey. We recommend storing the beans in the freezer for freshness and flavor. Certified Organic \$12.08/pound

Sumatra

#406 Order number of packages. Certified organic, shade grown, and fair trade. This Indonesian coffee if full bodied, slightly fruity, clean, and exhibits a sweet finish. Sumatra is great for blending and great for espresso. These beans are locally roasted in Hailey. We recommend storing the beans in a freezer for freshness and flavor. Certified Organic \$13.63/pound

Taza Del Valle

#415 Order number of packages. Certified organic, shade grown. Hailey Coffee Company's very own espresso blend. A smooth, flavorful, robust, traditional to northern Italy. Roasted locally in Hailey. We recommend storing the beans in a freezer for freshness and flavor. Certified Organic \$12.48/pound

Tres Bien

#413 Order number of packages. Columbian, Ethiopian, and French blended to create a wonderfully medium bodied, smooth coffee with unique characteristics. Roasted locally in Hailey. We recommend storing the beans in your freezer for freshness and flavor. Certified Organic \$12.30/pound

Tea

#	Product	Type	Price
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Healthy Endeavors

Better Belly Tea (loose leaf, organic ingredients)

#978	Order number of packages. This soothing herbal could just as easily been named "The Belly Band Aid." It has herbal properties making it suitable for a host of digestive complaints. Whether you are prone to indigestion, acid reflux, nausea, upset stomach, or gas and bloating, give this tea a try. It has a mellow minty flavor sure to calm your tummy. Ingredients: Organic Blend of-Catnip, Chamomile, Slippery Elm, Mint	80% Organic	\$8.63/2oz package
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Deb's Black and Green Tea

#977	Order number of packages. This teas was developed as an answer to all those who love black tea but want the added health benefits of green tea. By blending excellent quality organic black and green teas we have come up with the perfect brew. Both green and black tea have been touted as containing their own combination of antioxidant, tannins, and other important phyto-chemicals. Enjoy them both with Deb's Black and Green Tea. Ingredients Organic Gunpowder Green Tea and English Breakfast Tea	80% Organic	\$9.77/4oz package
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#1255	Herbal VitaTea (organic) Order number of items. Get your vitamins and minerals the way that Mother Nature intended. The Herbal VitaTea infusion incorporates nutrient dense plants to aid you in supplementing your dietary needs. The vitamins, minerals, flavanoids, carotenoids, antioxidants, and amino acids found in these herbs offer a welcomed alternative to synthetic, processed isolets found in many multi-vitamins on the market. Because they are in their natural, most bio-available form, the herbs in this blend contain highly assimilable	Certified Organic	\$9.77/2 ounce
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phyto-nutrients.

Organic Herbal Ingredients

Nettles, Dandelion Leaves, Chamomile flowers, Alfalfa, Spearmint, Parsley, Red Raspberry Leaves, Horsetail, Red Rosehips

These herbs have been found to contain:

VITAMINS:

Vitamin A (Increases immunity, slows aging, protects eye health, aids bone and teeth formation)

Vitamin B1 / thiamine (growth, mental acuity, digestion, nervous system, stress resistance)

Vitamin B2 / riboflavin (Red blood cell formation, growth, reproduction, hair and skin, eye health)

Vitamin B3 / Niacin (Circulatory health, energy production, skin, digestion, headache prevention)

Vitamin B5 / Pantothenic Acid (Increases stamina, prevent anemia, infection fighter, stimulates immunity, wound healing)>

Vitamin B6 / Pyridoxine (allergies, arthritis, asthma, absorption of fats and protein)

Vitamin B12 / cyanocobalamin (nervous system aid, digestion)

Vitamin C / ascorbic acid (Aids with assimilation of Calcium and Iron. Antioxidant needed for tissue growth and healing, fights infections, aid in detoxification, enhances immunity)

Vitamin D (Antioxidant Needed to utilize Calcium and Phosphorous, bone and teeth growth, enhances immunity, thyroid function and reproduction)

Vitamin E (Antioxidant helps body by prevent cellular damage, promoting healthy blood pressure, and protecting against disease)

Vitamin K (Bone and teeth formation, liver function)

MINERALS

Potassium (An electrolyte mineral salt, important to muscle health, nervous system, heart rhythm, and water balance)

Zinc (Boost immunity, helps heal wounds, accelerates healing, growth, mental alertness)

Selenium (Key to prostate health, aid with thyroid and immunity)

Phosphorous (Teeth and bone formation, nervous system, kidney function)

Sulfur (Healthy hair and Skin, Aids liver, protects against toxins and infection)

Molybdenum (Bone growth, teeth strengthener)

Manganese (Nervous system support, blood sugar regulation, bone growth and thyroid production)

Chromium (Glucose synthesis, cholesterol metabolism, blood pressure)

Copper (Healthy bones and joints, converts iron to protect against anemia)

Iron (Hemoglobin production and metabolism)

Magnesium (Cardiovascular system, muscle function, reduces calcification, calcium absorption)

The statements have not been evaluated by the FDA. Please consult with your primary care provider before making in changes in diet, routine or supplementation.

#1304 Mate ' Mix

Order number of bags. Feeling sluggish? Try sipping on a cup of Mate' Mix. Mildly stimulating, these herbs can give you a lift without the jitters of coffee and colas. As an added bonus, Yerba Mate' is surprisingly high in Vitamin C. Green tea is packed with antioxidants to combat carcinogens, inflammation and the aging process. Chamomile and Hibiscus flowers help to balance the flavors of Mate' and Green tea, making for a truly unique experience. A classic Mate and Green Tea taste with floral notes that compliment

80% Organic \$10.58/3 ounce

one another results.

Ingredient

- All Organic Herbs
- Yerba Mate
- Gunpowder Green Tea
- Chamomile Flowers
- Hibiscus Flowers

Not for pregnant or nursing mothers

#975 **Mother's Blend** 80% \$7.48/2oz package
Organic
Order number of packages. This super safe and gentle tea has proven itself beneficial to expecting mothers again and again. It contains herbs that ease morning sickness by soothing the digestive tract and providing much needed nutrients. It has a mild flavor that is well tolerated by even the pickiest palate.
Ingredients: Red Raspberry Leaves Spearmint Leaves Chamomile Rosehips Please

remember to consult with you primary care provider before making any changes to diet or routine.

#976	Respiratory Rescue (loose leaf, organic ingredients)	80% \$12.65/3oz package
	Order number of packages. Don't let cold, flus and other respiratory ailments get the best of you. Fight back with this medicinal formula-Respiratory Rescue Tea. This specialty blend contains herbs shown to ward off infection, break up phlegm, sooth mucus membranes and irritation, squelch coughs and boost overall immunity.	Organic
	Ingredient: Ginger Root, Cloves, Echinacea Purpurea Root, Echinacea Angust. Root,	

Marshmallow Root, Orange Peel, Cinnamon Bark, Spearmint Leaves, Red Clover Blossoms, Licorice Root, Catnip, Elder Flowers

#984	Special Tea (loose leaf, organic ingredients)	80% \$8.63/2oz package Organic
Order number of packages. SpecialTea is truly a special blend, just as its name implies. It was created to be the perfect starting place for those wanting to experiment with Medicinal Herbal Teas. This tea is made with herbs that can be applied to various ailments. Some of the most common include indigestion, colds, and sluggish immune system. These vibrant		

herbs work to return balance to your system and increase overall vitality.

Ingredients- Organic Herbs: Chamomile Flowers, Spearmint, Lemon Balm, Red Clover Blossoms, Elder Flowers, Rosehips, Nettle Leaves, Alfalfa, Dandelion Leaves

#983 **Spiced Mint (loose leaf, organic ingredients)- Now with 1/3 MORE! !** 80% \$9.77/3oz package
Organic
Order number of packages. piced mint This herbal mixture is not just for your sipping enjoyment. Beneficial for digestion, congestion and phlegm, it contains herbs that are shown to aid with colds, flus, and viral infections. It is a spicy blend with a mint base. Spiced Mint Tea has a stimulating flavor reminiscent of chai with complex herbal flavors. This warming

blend will soon prove itself one of your favorite beverages.

Ingredients: Organic herbs- Orange Peel, Spearmint, Clove, Ginger Root, Cinnamon Bark (true cinnamon), Cardamon

#974 Tension Tamer Tea (loose leaf, organic ingredients) 80% Organic \$8.05/2oz package
Order number of packages. Going through a stressful time? Is the daily grind catching up to you? Whether you are facing a serious life change or chronic everyday pressures, stress can take it's toll. Showing up as irritability, muscle tension, anxiousness, and insomnia, stress robs you of quality of life. Melt away the day's worries with a cup of Tension Tamer.

Ingredients: Spearmint Leaves Chamomile Passion Flower Catnip Raspberry Leaves
Oatstraw

Desserts

Cake

#	Product	Type	Price
Rolling in Dough			
Basque Cake			
#790	Order number of cakes. Basque cake has so many variations and is so loved, that it has its own museum in France. This one is a very rich butter cake with a layer of rum pastry cream baked in the center. 8 inch Butter, sugar, flour, eggs, milk, rum, vanilla, baking powder and sea salt.	All Natural	\$28.75/cake
Pear Fan Fare			
#172	Order number of cakes. Pear Breakfast Cake 8 inch round Flour, pears, butter, eggs, sugar, ginger, cinnamon, baking powder and salt.	All Natural	\$16.99/cake
Cookies			
#	Product	Type	Price
Pastries with a Purpose			
Animal Crackers Perfect for Lunch			
#1991	Order number of 2 dozens. Whole Wheat flour, Organic maple syrup, Organic Sucanat Sugar vanilla, Cinnamon, sea salt. The Top is sprinkled with cinnamon sugar! A perfect wholesome treat! Shapes are fall leaves	80% Organic	\$7.04/24
Gluten free Chocolate chip cookies			
#1947	Order number of bags. Gluten free Flour blend, organic eggs, organic agave nectar, Semi-sweet chips, organic Vanilla, sea salt	80% Organic	\$6.90/6 per bag
Prairie Sun Farm			
gingerbread heart shape cookies			
#1284	Order number of packages. Heart-shaped gingerbread cookies. Package includes 10 medium sized cookies . Not too sweet. Wheat flour, butter, eggs, sugar, molasses, cocoa, baking soda, ginger, spices. Not frosted. Good as they are or fun for your kids to frost their own.	All Natural	\$4.02/ 10 cookies
Carrot coconut-pecan cookies			
#1270	Order number of bags. 12 small cookies, with a hint of orange-flavored glaze for sweetness. Really good! Ingredients: our own sweet carrots, fresh-ground whole-wheat flour, pecans, coconut, butter, eggs from our free-range hens, brown sugar, sugar, orange zest and juice, baking soda, spices, sea salt.	All Natural	\$6.32/dozen
chocolate chip whole-wheat cookies			
#1375	Order number of packages. My personal favorite cookie. Whole wheat and oats make it nutritious, chocolate makes the calories worth-while! Made with home-ground whole wheat, oats, brown sugar, sugar, butter, eggs from our free-range chickens, semi-sweet chocolate, real vanilla, baking soda. a dozen medium sized cookies.	All Natural	\$5.75/12 cookies
Double-chocolate chip whole-wheat cookies			
#1487	Order number of packages. My other personal favorite cookie. Whole wheat and oats make it nutritious, chocolate makes the calories worth-while! This cookie is a chocolate cookie with chocolate chips. For the chocolate lover. Made with whole wheat, oats, brown sugar, sugar, butter, eggs from our free-range chickens, cocoa, semi-sweet chocolate, real vanilla, baking soda.	All Natural	\$5.75/12 cookies
Rolling in Dough			
#167	Dark Chocolate Almond Cookies Order number of packages. 4 cookies per package	All Natural	\$4.60/package
#166	Mom's Favorite Molasses Cookies Order number of packages. 4 cookies per package	All Natural	\$4.60/package
#305	Roasted Hazelnut Meringues Order number of packages.	All Natural	\$7.50/12 cookies
Springs of Life			
#1214	Pineapple Coconut Carob cookies Order number of 6 cookies. Yummie Vegan cookies. Ingredients: Organic Quick Rolled	80% Organic	\$3.45/6 cookies

Oats, Honey, Organic Pastry Flour, Organic Unbleached Flour, Raw Wheat Germ, Coconut, Pineapple, Carob Chips, Walnuts, Cashew Cream, Vegetable Oil, Vanilla and Sea Salt.

Pies

#	Product	Type	Price
Rolling in Dough			
#208	Almond Pear Tart 10 inch round Order number of tarts. Almond cake filling with pear halves	All Natural	\$26.99/tart
#165	Idaho Apple Tart Order number of Tarts. apples thinly sliced on a crisp, buttery crust 9 inch	All Natural	\$24.00/Tart
#164	Lemon Tart Order number of Tarts. Lemon curd in a Butter Crust 9 inch	All Natural	\$26.45/Tart
#163	Linzer Torte Order number of tortes. Hazelnuts and local raspberry jam 6 inch round	All Natural	\$14.95/torte

Candy/Fudge

Fudge

#	Product	Type	Price
Petra			
#272	Petra' Goat Milk Fudge Order number of tubs. Rich, mouth-watering fudge made with fresh goat milk, sugar, chocolate bar, chocolate chips, butter, marshmallow cream, & vanilla.	All Natural	\$5.18/8 oz. tub
#269	Petra's Goat Milk Fudge with Pecans Order number of tubs. Rich, delicious fudge made with fresh goat milk, sugar, chocolate bars, chocolate chips, butter, pecans, marshmallow cream & vanilla.	All Natural	\$5.18/8 oz. tub

Gift Baskets/Boxes

Gift Items

#	Product	Type	Price
Ballard Cheese LLC			
#2177	A) Gift Box Idaho Cheese Curds Mix 4 Order number of boxes. 2 pounds of cheese curds Mix(4) 1/2 lbs. Bags Cheese curds: Plain, Hot & Spricy, Tomato Basil, & Dill. All in a white Box with and Red or Gold ribbon.	All Natural	\$24.00/box
#1090	4 piece Idaho Cheese TASTE OF IDAHO Order number of boxes. Gift 4 pieces 1/2 lbs each cheese & 1 pound of Golden Greek Idaho cheese Idaho Golden Greek round ,Idaho White Cheddar ,Pepper Cheddar & one other (Danish Pearl or Baby Swiss or Jersey Dream wrapped in a White Box with a Gold or Red Ribbon.	All Natural	\$33.99/box
#2178	AB) Gift Box Idaho Cheese curd Sampler Order number of boxes. All 7 cheese curds (4oz. Bags) in a White gift box with a Red or Gold Ribbon. Tomato Basil, Dill, Ranch, Garlic Herb, Garlic Pepper, Plain & Hot & Spicy Pepper 1.75 lbs.	All Natural	\$26.00/box

CA Bull Elk Ranch

#2253	Elk Jerky & Stick Basket (Large) Order number of baskets. Two packages Premium Elk Jerky nestled in a decorative gift basket (your choice from 6 flavors)if not specified one each Teriyaki one Mesquite. Three packages Premium Elk Sticks (your choice of 8 flavores)if not specified one each Teriyaki, one Pepperoni, one Mesquite & Cheese.		\$42.99/basket
#2254			\$20.99/basket

Elk Jerky & Stick Basket (Small)

Order number of baskets. One Package Premium Elk Jerky & One Package Premium Elk Stick nestled in a decorative basket. (Your choice of 6 Jerky flavors and 8 Stick flavors) if not specified One Mesquite Jerky & One Pepperoni Stick will be sent.

Elk Sausage Gift Basket

#2251 Order number of baskets. 2 Premium elk summer sausage nestled in a decorative gift basket. Your choice of flavors (Jalapeno&Cheese, Original).If not specified one of each will be sent. All Natural \$25.99/basket

Healthy Endeavors

Herbal Tea Gift Box-Large

Order number of items.
Large Herbal Tea Gift Box
Give the gift of good health. Treat yourself or loved one to this beautiful Herbal Tea Gift Box.
Each box includes

Organic, free-trade, eco-friendly herbal tea samples-

Deb's Black and Green Tea,

#1121 Spiced Mint, Special Tea, Mate' Mix, 80% Organic \$34.50/item

All Natural Organic Honey Lip Gloss

Elegant Tea Cup

Each Holiday Herbal Gift Box is individually crafted. There may be some slight variation in content and color. All will come beautifully packaged and will include 4 herbal tea samples, 1 Honeyed Lip Gloss, and 1 Tea Cup. Some shifting of items may happen during shipment. Please check each box and make necessary adjustment before gifting to insure maximum merriment .

Herbal Tea Gift Box- Small

Order number of items. Share the joy of delightful herbal teas with these Herbal Gift Boxes.
Give the gift of great health.
Each box includes

Organic free-trade, eco-friendly herbal tea samples-

#1122 SpecialTea, Mate'Mix, Spiced Mint 80% Organic \$23.00/item

Elegant Tea Cup

Each Holiday Herbal Gift Box is individually crafted. There may be some slight variation in content and color. All will come beautifully packaged and will include 3 Herbal Tea Samples, and 1 Tea Cup. Some shifting of items may happen during shipment. Please check each box and make necessary adjustment before gifting to insure maximum merriment .

Idaho's Bounty

Gift Certificate for Purchase of Food from the Co-op

#230 Order number of gift certs. This is a gift certificate for someone to enable them to purchase food from Idaho's Bounty. They can use a trial membership or become a member to use it. All Natural \$20.00/certificate

If you'd like to specify this certificate be used to purchase food from a specific producer, please let us know through an email at info@idahosbounty.org

Gift Membership

#227 Order number of memberships. This is a \$75 gift membership - share the bounty of southern Idaho with your friends and family and/or those who cannot afford it. Make an anonymous donation or give it someone you know. All Natural \$75.00/membership

Prairie Sun Farm

#259	Basket of breads Order number of baskets. One each of the four varieties of small-loaf breads: one cranberry and one chocolate chip pumpkin breads, one sweet carrot-cinnamon bread with raisins and one gingerbread . Comes in a basket.	All Natural	\$16.67/basket
#1142	breakfast gift basket Order number of baskets. Great as a hostess gift or a gift for yourself! Includes two breads (oatmeal-honey baby loaf and pumpkin chocolate chip baby loaf), homestyle pancake mix, a sample size bottle of choke-cherry syrup, and one sample size jar of orange honey. Also includes one bag of sweet dried apples (no sugar or preservatives added). Comes in a basket for a healthy treat.	All Natural	\$18.97/basket
#1261	Pancakes and syrup gift basket Order number of baskets. Our own homestyle pancake mix gift bag, with sample-size jars of three different amazing syrups: chokecherry, red currant and strawberry. All berries hand-picked from our summer garden. (The syrups contain NO corn syrup.)	All Natural	\$11.50/basket
#218	"sweet things" sampler pack gift basket Order number of baskets. Sample size jars of carrot jam and apple-raspberry jelly (made with pure fruit juices), and sample sizes of mint infused Camas County honey and pure honey. Comes in a basket for a sweet and useful hostess gift.	All Natural	\$8.91/basket

Non-Food Items

Leather Products

#	Product	Type	Price
Simon Boers Chevon LLC			
#1232	CHINKS - Hand made and custom tooled leather Order number of pairs. Chinks -CUSTOM Saddle bags- Chinks are an essential item of western wear for riding in cold weather or rough country. Protect your legs in style. Choose from light or dark soft, supple leather and the type of tooling. Fringe too! Custom saddle bags with your brand carved on the top flap. Elk hide gussets. Choice of tooling and brass or chrome buckles. \$185 for saddle bags		\$287.50/pair
#2174	HAND TOOLED and hand made leather gift items Order number of items. Reins, dog collars, belts, saddle bags, custom leather work. Reasonable prices start at \$30., quality craftsmanship. 8Ks Saddlery, Idaho Saddlemaker Joe Bennett. Hagerman, Idaho.		\$34.50/Item
#1324	SADDLE repairs - cleaning - oiling Order number of saddles. Get your western or english saddles ready for a season of riding. New strings, cinches, latigos, horn caps - Joe Bennett, 8Ks Saddlery, an Idaho Saddlemaker. Price listed is for basic cleaning & oiling, repairs are extra but very reasonably priced.	All Natural	\$47.38/saddle
#1231	Slobber Straps - Hand tooled & hand made leather straps Order number of pairs. Attach these to your favorite mecate reins. A great gift for your favorite cowboy or cowgirl. Custom orders for saddles, chinks, reins, harnesses, and saddle repairs available. 8Ks Saddlery - Joe Bennett, Idaho Saddlemaker.		\$33.92/pair

Miscellaneous

#	Product	Type	Price
Idaho's Bounty			
#1180	Idaho's Bounty Reusable Bag Order number of bags. If you buy a reusable IB logo bag, we'll do a quick and easy exchange each pickup night - no repacking necessary. If you prefer to use recycled bags you currently own, we'll be happy to repack your order into your bag. If you forget to bring a bag, we'll repack your order into a paper bag. In an effort to eliminate the cost and carbon footprint of using paper, we have to charge you .50 cents for any paper bags we give out. Thank you for supporting this effort to streamline our pickup process and create a simple and easy system.	All Natural	\$1.89/bag

Gardening-Farming Products & Animals

Farm Animal Supplies

#	Product	Type	Price
Simon Boers Chevon LLC			
	FREE COMPOSTED manure from Hagerman goat ranch		
#1326	Order number of truckloads. FREE Composted goat manure from our ranch in Hagerman. Bring your pickup truck or 5 gallon buckets. Call ahead for appointment. 208 837 6523 Get your garden ready with this FREE fantastic fertilizer. Goat pellets/hay/straw cooked down to a fine compost. Idahos Bounty does NOT deliver this! Producer does not deliver this either! Bring your biggest truck; we have enough for everyone.	All Natural	

Health and Beauty

Bath Salts/Oils

#	Product	Type	Price
Soap Excellence			
	Blue algae body polish		
#322	Order number of jars. Contains:This scrub is very moisturizing and will leave your skin smooth with a feeling that you just applied lotion. Contains: sea salt; dead sea salt; shea butter; almond oil; apricot kernel oil; organic blue green algae; mango butter; cocoa butter; coconut oil; vitamin E; evening primrose oil; neem oil; black willow bark; Epsom salts	All Natural	\$18.40/6 oz jar
	Dead sea salt luxury body scrub		
#321	Order number of jars. . Wt: 6 ounces. Contains: dead sea salts; almond oil; jojoba oil; aloe vera oil; vitamin E, kelp powder; rosemary oleoresin; neem;	All Natural	\$9.20/jar
	Lavender bath bomb		
#345	Order number of bombs. Luxury bath Bombs Contains: bi-carbonate of soda; citric acid; arrowroot powder; dead sea salt; sea salt; Himalayan pink salt; vegetable glycerine; meadowfoam seed oil; dendritic salt; polysorbate 60; fragrance; mica or ultramarine. Toss one into your tub and it will fizz and release bath salts and oil.	All Natural	\$5.75/bomb
	Luxury bath bomb ginger lime		
#324	Order number of bombs. Luxury bath Bombs Contains: bi-carbonate of soda; citric acid; arrowroot powder; dead sea salt; sea salt; Himalayan pink salt; vegetable glycerine; meadowfoam seed oil; dendritic salt; polysorbate 60; fragrance; mica or ultramarine. Toss one into your tub and it will fizz and release bath salts and oil. Scented with essential oils of ginger and lime.	All Natural	\$5.75/7 oz bomb
	Walnut body polish		
#323	Order number of jars. This is a great scrub for any problem skin conditions due to the high percentage of ground walnut hull in the product. Wt:7 ounces. Contains: purified water; walnut shells; lavender hydrosol; cocobetaine; wheat proteins; coco-polyglucoside tartrate; coco-polyglucoside citrate; jojoba; vegetable glycerin; oat amino acid; vitamin E; black willow bark extract	All Natural	\$13.80/jar

Misc. Health/Beauty

#	Product	Type	Price
Soap Excellence			
	Ambience essential oil perfume.		
#348	Order number of bottles. 15 ml, roll on applicator. Strong spicy floral scent formulated with multiple Eos	All Natural	\$9.20/bottle
	Herbal body powder		
#325	Order number of jars. . Wt: 4 ounces. All natural herbal body powder contains no talc. Ingredients: arrowroot powder; bentonite clay; slippery elm powder; comfrey powder; silk powder; white rice powder; rose petal powder; essential oils of: rose; cassia; chamomile	All Natural	\$5.75/jar
	herbal foot powder		
#343	Order number of bottles. Herbal foot powder. Wt: 4 ounces Contains: arrowroot powder; myrrh powder; bentonite clay; powdered lavender buds; clove powder; slippery elm powder;	All Natural	\$5.75/bottle

coriander powder; walnut hull powder; goldenseal powder; essential oils of tea tree; sage; rosemary and deoderese blend

#347	Herbal sleep pillow	Certified Organic	\$4.02/pillow
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Order number of pillows. Tuck this little pillow between your pillow and case for a good night sleep. Measures 4 x 5 inches. Contains : frankinsence; rose petals; chamomile flowers;

lavender buds; hops; sandalwood; rose oil.

Skin and Lip Care

Product

Type

Price

Soap Excellence

	Baby wash bag		
#358	Order number of bags. Baby wash bags. Use like a tea bag in baby's bath, bag can be used to wash baby with, store in refrigerator, good for 3 baths. Contains: comfrey leaf; oatmeal; chamomile flowers; lavender buds; calendula flowers; lemon balm; meadowfoam seed oil	All Natural	\$3.45/bag
	Bug Barrier Spray		
#499	Order number of bottles. Bug barrier spray. Wt: 4 ounces. Catnip EO is the active ingredient in this all natural product. Essential oil blend in a fractionated coconut oil base. See university of Iowa study showing catnip oil is 10 times more effective than deet! This product works fantastic. www.ag.iastate.edu/aginfo/news/2001releases/catnip.html	All Natural	\$13.80/bottle
	coconut lip butter		
#1188	Order number of tubes. Contains: mango butter; shea butter; beeswax; cocoa butter; meadowfoam seed oil; jojoba oil; aloe vera butter; hemp butter; vitamin E; coconut flavor; botanical oil blend	All Natural	\$2.13/each
	dead sea mud mask		
#344	Order number of jars. Dead sea mud mask. Wt: 2 ounces. Contains: rose hydrosol; dead sea mud. Apply mud mask to skin, wait 20 minutes, rinse off and follow with toner or astringent and serum.	All Natural	\$17.25/jar
	Herbal baby powder		
#360	Order number of jars. Baby powder. 4 ounces. This powder contains no talc. 100 % natural herbal ingredients: arrowroot powder; oatmeal powder; bentonite clay; slippery elm powder; comfrey root powder; goldenseal powder; chamomile powder; marigold powder; calendula powder; balsam of peru; lavender essential oil.	All Natural	\$5.75/jar
	Iced Lightening		
#361	Order number of bottles. This muscle rub is a fantastic product! When applied to aching muscles it has a warm and cold effect similar to "icy hot" but without the chemicals. Wt: 4 ounces Contains: rose hydrosol; coconut oil; glycerine; witch hazel; xanthan gum; black willow bark extract bark; neem oil; emu oil; essential oils of: wintergreen, lavender; rosemary; ginger; thuga champhor; cassia; black pepper; menthol crystals; jojoba oil; beeswax; tetrasodium edta; citric acid; polysorbate; phenoxyethanol;	All Natural	\$24.15/bottle
	Tea tree lotion bar		
#327	Order number of bars. This product is particularly good for softening dry and chapped areas on feet, elbows, and hands. Contains: mango butter; cocoa butter; shea butter; aloe vera; jojoba oil; lanolin; beeswax; hemp seed oil; meadowfoam seed oil; kukui nut oil; essential oils of; wintergreen; rosemary; thuga; tea tree; lecithin; vitamin e; candellila wax	All Natural	\$6.90/3.5 oz bar
	Ultimate face serum		
#342	Order number of bottles. Ultimate face serum Wt 15 ounce. Contains: rose distillate; aloe vera juice; kosher vegetable glycerine; dmae; emulsifying wax; meadowfoam seed oil; bilberry extract; organic extracts of: sugar cane; sugar maple; orange; lemon; cranberry. Vitamins A, E, B5, B3, C. xanthan gum, and alpha lipoic acid; citric acid; polyethylene glycol.	All Natural	\$21.85/bottle

Sun Valley Remedies LLC

	Energizing Jojoba		
#2304	Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: peppermint, frankincense, and lemon. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients!		\$8.80/2 oz bottle
	Energizing Jojoba		
#1190	Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: peppermint, frankincense, and lemon. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients!		\$17.94/5 oz bottle
	Energizing Jojoba		
#1007	Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: peppermint, frankincense, and lemon. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients!		\$28.46/9 oz bottle
#2303			\$87.98/32 oz bottle

Energizing Jojoba

Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: peppermint, frankincense, and lemon. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients!

Energizing Lotion

Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: peppermint, frankincense, and lemon are added to this creamy lotion.

#2307 The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$8.16/2 oz. jar

Energizing Lotion

Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: peppermint, frankincense, and lemon are added to this creamy lotion.

#1191 The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$14.95/5 oz. jar

Energizing Lotion

Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: peppermint, frankincense, and lemon are added to this creamy lotion.

#1010 The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$20.41/9 oz. jar

Energizing Lotion

Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: peppermint, frankincense, and lemon are added to this creamy lotion.

#2306 The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$67.85/32 oz. jar

Muscular Lotion

Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: vetiver, lavender, and eucalyptus are added to this creamy lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil,

#2305 octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$8.16/2 oz. jar

#1192 **Muscular Lotion** \$14.95/5 oz. jar

Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: vetiver, lavender, and eucalyptus are added to this creamy lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil,

octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl

stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin.

#1011 Muscular Lotion

\$20.41/9 oz. jar

Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: vetiver, lavender, and eucalyptus are added to this creamy lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl

stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin.

#2308 Muscular Lotion

\$67.85/32 oz. jar

Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: vetiver, lavender, and eucalyptus are added to this creamy lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl

stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin.

- Muscular Jojoba**
#2309 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: vetiver, lavender, and eucalyptus. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$8.80/2 oz bottle
- Muscular Jojoba**
#1193 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: vetiver, lavender, and eucalyptus. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$17.94/5 oz bottle
- Muscular Jojoba**
#1006 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: vetiver, lavender, and eucalyptus. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$28.46/9 oz bottle
- Muscular Jojoba**
#2310 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: vetiver, lavender, and eucalyptus. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$87.98/32 oz bottle
- Peace & Happiness Jojoba**
#2311 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: ylang ylang, bergamot, and lemon. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$8.80/2 oz bottle
- Peace & Happiness Jojoba**
#1194 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: ylang ylang, bergamot, and lemon. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$17.94/5 oz bottle
- Peace & Happiness Jojoba**
#989 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: ylang ylang, bergamot, and lemon. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$28.46/9 oz bottle
- Peace & Happiness Jojoba**
#2312 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: ylang ylang, bergamot, and lemon. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$87.98/32 oz bottle
- Peace & Happiness Lotion**
#2313 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: ylang ylang, bergamot, and lemon are added to this creamy lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$8.16/2 oz. jar
- Peace & Happiness Lotion**
#1009 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: ylang ylang, bergamot, and lemon are added to this creamy lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$20.41/9 oz. jar
- Peace & Happiness Lotion**
#2314 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday \$67.85/32 oz. jar

use. Essential oils of: ylang ylang, bergamot, and lemon are added to this creamy lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin.

Relaxing Jojoba

#2315 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: mandarin, lavender, and ylang ylang. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$8.80/2 oz bottle

Relaxing Jojoba

#1196 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: mandarin, lavender, and ylang ylang. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$17.94/5 oz bottle

Relaxing Jojoba

#990 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: mandarin, lavender, and ylang ylang. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$28.46/9 oz bottle

Relaxing Jojoba

#2316 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: mandarin, lavender, and ylang ylang. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$87.98/32 oz bottle

Relaxing Lotion

#2317 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: mandarin, lavender, and ylang ylang are added to this thick lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$8.16/2 oz. jar

Relaxing Lotion

#1197 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: mandarin, lavender, and ylang ylang are added to this thick lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$14.95/5 oz. jar

Relaxing Lotion

#1008 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: mandarin, lavender, and ylang ylang are added to this thick lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$20.41/9 oz. jar

Relaxing Lotion

#2318 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: mandarin, lavender, and ylang ylang are added to this thick lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, \$67.85/32 oz. jar

calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin.

Winter Blues Jojoba

#2319 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: orange and ylang ylang. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$8.80/2 oz bottle

Winter Blues Jojoba

#1198 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: orange and ylang ylang. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$17.94/5 oz bottle

Winter Blues Jojoba

#1005 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: orange and ylang ylang. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$28.46/9 oz bottle

Winter Blues Jojoba

#2320 Order number of bottles. 100% organic ingredients in this wonderful jojoba blend with essential oils of: orange and ylang ylang. Wheat germ oil is added as a preservative. THAT'S IT! no other ingredients! \$87.98/32 oz bottle

Winter Blues Lotion

#2322 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: orange and ylang ylang are added to this thick lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$8.16/2 oz. jar

Winter Blues Lotion

#1199 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: orange and ylang ylang are added to this thick lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$14.95/5 oz. jar

Winter Blues Lotion

#1012 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: orange and ylang ylang are added to this thick lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin. \$20.41/9 oz. jar

Winter Blues Lotion

#2321 Order number of jars. This 100% organic creamy lotion is fabulous for massage or everyday use. Essential oils of: orange and ylang ylang are added to this thick lotion. The base lotion is: purified water, organic aloe barbadensis leaf juice, organic sunflower seed oil, octyl palmitate, emulsifying wax N.F., vegetable glycerin, organic extracts of:lavender flower, calendula officinalis, white tea, german chamomile, arnica montana flowers, glyceryl stearate, tromethamine stearate, cetyl alcohol, panthenol (vitamin B), allantoin, organic jojoba seed oil, organic borage seed oil, organic tamanu oil, sodium carbomer, organic \$67.85/32 oz. jar

cannabis sativa seed oil, d-alpha tocopherol (natural vitamin E), phenoxyethanol, ethyl hexyl glycerin.

Soap

#	Product	Type	Price
Petra			
	Petra's 3 Pack of Goat Milk Soap		
#249	Order number of sets. Choose 3 available scents and email me your choices at tabackstrom@gmail.com Choose from the flavors listed by Petra in the soap category.	All Natural	\$12.65/set
	Petra's Goat Milk Gardener's Soap (Prairie Garden with Pumice)		
#1778	Order number of bars. Great for greasy, grimy hands and feet. A very fine, non-abrasive pumice is used to obtain maximum cleaning. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of rose geranium, lavender and lemon essential oils.	All Natural	\$4.14/bar
	Petra's Goat Milk Gardener's Soap (Woodland Trail with Pumice)		
#248	Order number of bars. Great for greasy, grimy hands and feet. A very fine, non-abrasive pumice is used to obtain maximum cleaning. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of pine, bayberry and orange essential oils.	All Natural	\$4.14/bar
	Petra's Goat Milk Soap (Eucalyptus)		
#454	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of eucalyptus, vanilla and neroli oils.	All Natural	\$4.14/bar
	Petra's Goat Milk Soap (Lavender)		
#2200	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of lavender, frankincense, and neroli oils.	All Natural	\$4.14/bar
	Petra's Goat Milk Soap (Lemongrass)		
#246	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Lemongrass essential oil.	All Natural	\$4.14/bar
	Petra's Goat Milk Soap (Lime and Ginger)		
#245	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of lime and ginger essential oils.	All Natural	\$4.14/bar
#247			\$4.14/bar

	Petra's Goat Milk Soap (Orange Spice)	All Natural	
	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of orange, cinnamon, clovebud and nutmeg essential oils and cinnamon powder.		
#243	Petra's Goat Milk Soap (Patchouli)	All Natural	\$4.14/bar
	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of patchouli & neroli essential oils.		
#1779	Petra's Goat Milk Soap (Peppermint)	All Natural	\$4.14/bar
	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of peppermint and vanilla essential oils.		
#555	Petra's Goat Milk Soap (Prairie Garden)	All Natural	\$4.14/bar
	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of rose geranium, lavender and lemon oils.		
#242	Petra's Goat Milk Soap (Rosemary)	All Natural	\$4.14/bar
	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of rosemary and neroli oils.		
#244	Petra's Goat Milk Soap (Sage)	All Natural	\$4.14/bar
	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of sage & neroli essential oils.		
#2201	Petra's Goat Milk Soap (Woodland Trail)	All Natural	\$4.14/bar
	Order number of bars. Welcome to the world of pure and natural handmade soaps. Petra's soaps are made with only natural ingredients, blending animal tallow and olive oil with the saponification agent, sodium hydroxide, fresh goat milk, ground oatmeal or pumice, and unique combinations of pure essential oils. This yields mild, but luxurious face and body care bars. You will notice that Petra's soaps are not milled. The milling process would remove some of the glycerine which is a natural humectant (draws moisture to the skin). Combination of bayberry, pine, and orange oils.		
Soap Excellence			
#912	liquid hand and body soap: Almond	All Natural	\$11.50/12 oz bottle
	Order number of bottles. A rare treat! All natural handmade liquid hand and body soap		

scented with almond essential oil. Contains: saponified oils of olive; coconut; almond; jojoba; shea butter; cocoa butter; palm oil; palm kernel oil; meadowfoam seed oil; glycerin; turkey red oil; almond EO; Product packaged in plastic bottle with pump dispenser.

ambience soap

#339 Order number of BARs. Ambience soap. Rose and jasmine essential oils highlight this heady floral blend of essential oils. Colored with copper mica. contains saponified oils of Olive oil Coconut oil Palm oil Palm kernel oil Monoi de Tahiti Cocoa butter Shea butter Meadowfoam seed oil Jojoba Wax Vitamin E Grapefruit seed extract or rosemary oleoresin (natural preservative) Mica colorant All Natural \$6.32/bar

French lemon silk hand made soap

#316 Order number of bars. Lemon silk soap is in a category all its own. Formulated with French clay and silk fiber this soap helps wick away excess facial oil without drying the skin. Contains lemon peel and lemon EO; grapefruit EO; and lemon grass EO for fragrance, Contains saponified oils of: Olive oil Canola oil Palm oil Palm kernel oil Jojoba wax Coconut oil Silk French clay Lemon peel, dried Lemon grass, dried Vitamin E Grapefruit seed extract All Natural \$6.32/bar

Honey oatmeal goatmilk handmade soap with hand painted sheep

#314 Order number of bars. Honey oatmeal goat milk soap. Real honey, goat milk and oatmeal, are added to a special blend of soap oils to produce this emollient soap. An old time favorite! contains: Olive oil Coconut oil Palm oil Palm kernel oil Avocado oil Goat butterfat Cocoa butter Flaxseed oil Mango butter Grapefruit seed extract Honey Oatmeal Vitamin E essential oils of almond and vanilla All Natural \$6.32/bar

Honey oatmeal goatmilk handmade soap with handpainted goat

#315 Order number of bars. Honey oatmeal goat milk soap. Real honey, goat milk and oatmeal, are added to a special blend of soap oils to produce this emollient soap. An old time favorite! Contains: Olive oil Coconut oil Palm oil Palm kernel oil Avocado oil Goat butterfat Cocoa butter Flaxseed oil Mango butter Grapefruit seed extract Honey Oatmeal Vitamin E Skin safe fragrance oil (FO) All Natural \$6.32/bar

Kannauj handmade soap

#691 Order number of bars. Kannauj is named after the Indian city known as the scent capital of the world. It is scented with an essential oil blend containing ambrette seed oil to impart its subtle musk undertone. Contains: Olive oil Coconut oil Palm oil Palm kernel oil Monoi de Tahiti Cocoa butter Shea butter Meadowfoam seed oil Hemp seed oil Vitamin E grapefruit seed extract All Natural \$6.32/bar

Liquid hand and body soap Orange

#1202 Order number of bottles. A rare treat! All natural handmade liquid hand and body soap scented with orange essential oil. Contains: saponified oils of olive; coconut; almond; jojoba; shea butter; cocoa butter; palm oil; palm kernel oil; meadowfoam seed oil; glycerin; turkey red oil; orange EO; Product packaged in plastic bottle with pump dispenser. All Natural \$11.50/bottle

Mint breeze handmade soap

#312 Order number of bars. Essential oils of peppermint, spearmint and eucalyptus give this soap its refreshing aroma. The soap is colored with green mica and contains: Olive oil Coconut oil Palm oil Palm kernel oil Monoi de Tahiti Cocoa butter Shea butter Meadowfoam seed oil Jojoba Wax Vitamin E Grapefruit seed extract (natural preservative) blueberry seeds All Natural \$6.32/bar

Patchouli cream handmade soap

#318 Order number of bars. Essential oils of lavender, vanilla and patchouli produce a rich exotic and relaxing scent in this soap. Colored with gold mica. Contains: Olive oil Coconut oil Palm oil Palm kernel oil Monoi de Tahiti Cocoa butter Shea butter Meadowfoam seed oil Hemp seed oil Vitamin E rosemary oleoresin (natural preservative) Mica colorant All Natural \$6.32/bar

plain soap bar

#1812 Order number of bars. This handmade soap contains no color or scent and is great for those with sensitive skin or allergies. Contains saponified oils of: Olive oil Coconut oil Palm oil Palm kernel oil Monoi de Tahiti Cocoa butter Shea butter Meadowfoam seed oil Jojoba Wax Vitamin E Grapefruit seed extract (natural preservative) All Natural \$6.32/bar

Sandalwood handmade soap

#331 Order number of bars. . A triple essential oil blend of sandalwoods gives this soap a All Natural \$6.32/bar

luxurious exotic wood scent. Colored with green mica; contains: Olive oil Coconut oil
Palm oil Palm kernel oil Monoi de Tahiti Cocoa butter Shea butter Meadowfoam
seed oil Jojoba Wax Vitamin E Grapefruit seed extract (natural preservative)

#340 Scottish highland soap All \$6.32/bar
Order number of bars. Scottish highland soap . This light floral scent is derived from a blend Natural

of favorite Scottish EO s, it fills your senses with highland meadow wild-flowers. contains saponified oils of: Olive oil Coconut oil Palm oil Palm kernel oil Monoi de Tahiti Cocoa butter Shea butter Meadowfoam seed oil Hemp seed oil Vitamin E Grapefruit seed extract or (natural preservative) Mica colorant

Silk Riviera handmade soap

#692 Order number of bars. Silk riviera 10 available. Order number of bar. Silk Riviera soap. This soap is scented with an essential oil blend of bergamot, clary sage, lavender and oakmoss, giving it a light woody floral aroma. . Contains saponified oils of: Olive oil Coconut oil Palm oil Palm kernel oil Monoi de Tahiti Cocoa butter Shea butter Meadowfoam seed oil Jojoba Wax Vitamin E Grapefruit seed extract (natural preservative) Ultramarine colorant All Natural \$6.32/bar

Silk riviera with botanicals

#341 Order number of bars. Silk Riviera with botanicals soap. This soap is scented with an essential oil blend of bergamot, clary sage, lavender and oakmoss, giving it a light woody floral aroma. It is available with or without botanicals of calendula and chamomile. Contains saponified oils of: Olive oil Coconut oil Palm oil Palm kernel oil Monoi de Tahiti Cocoa butter Shea butter Meadowfoam seed oil Jojoba Wax Vitamin E Grapefruit seed extract (natural preservative) Ultramarine colorant botanicals of chamomile flowers, calendula flowers, All Natural \$6.32/bar

True lavender bar soap

#501 Order number of bars. True Lavender soap is created with three essential oils; lavender 60/40; lavender Bulgarian; and lavandin. To produce a beautiful well rounded scent in this hemp base soap. Lavender ultramarine is used to provide the soaps pale lavender coloration. This soap does not contain lavender buds. All Natural \$6.32/bar

Wound wash soap

#319 Order number of rosettes. This is an herbal soap intended for cleansing superficial wounds and abrasions. Contains: Comfrey leaf; plantain powder; goldenseal powder. calendula flowers; calendula oil; cedar essential oil; glycerin soap. All Natural \$4.02/rosette

Pet Supplies

Bird Food

#	Product	Type	Price
MM Heath Farms Inc.			
#350	Sunflower Seeds, 10 lbs Order number of bags. Oil seed sunflower seeds, birds & squirrels love them, some weed seed	Certified Organic	\$11.50/10 lbs bags
#393	Sunflower seeds, 25# bag Order number of Bags. Sunflower seed,mixed varieties for feeding birds and squirrels or for planting	Certified Organic	\$25.30/25# Bag
#352	Sunflower Seeds, 4# bag Order number of bags. Sunflower seeds, birds & squirrels love them,	Certified Organic	\$4.60/4 lbs bag

Pet Food

#	Product	Type	Price
CA Bull Elk Ranch			
#2224	Elk Antler Bones Order number of pieces. You will be billed for exact PROCESSED weight (approx. 0.25 - 1 pounds) Pieces of Hard Elk Antler	All Natural	\$13.51/pound
#2325	Elk Heart Order number of packages. You will be billed for exact PROCESSED weight (approx. 1.5 - 2.25 pounds) All Natural, no hormones, no antibiotics	All Natural	\$2.88/pound
#2327	Elk Liver Order number of packages. You will be billed for exact PROCESSED weight (approx. 2.4 - 3.5 pounds) Order number of packages. You will be billed for exact PROCESSED weight (approx. 3 - 5 pounds) All natural, no hormones, no antibiotics, no pesticides	All Natural	\$3.33/pound
#2326			\$3.16/pound

Elk Tongue

Order number of packages. You will be billed for exact PROCESSED weight (approx. 0.75 - 1.5 pounds) All natural, no antibiotics, no pesticides, no hormones

All
Natural

Simon Boers Chevon LLC**Organ meats for PETS from grass-fed goats**

#1104 Order number of pounds. You will be billed for exact PROCESSED weight (approx. 0.5 pounds) Small packages of all natural, pasture-raised heart, liver, or kidneys,(producers choice) for your favorite carnivore. Use kitchen shears on partially frozen meat for easy cutting.

All
Natural

\$4.60/pound

Pet Supplements

Product

Type

Price

Prairie Sun Farm**Doggie treats**

#388 Order number of bags. Preservative free! Bag of 4 medium sized doggie "bones" made with whole wheat flour, unbleached flour, oats, corn, wheat germ, broth from our own farm-raised chickens, mint and parsley. Due to no preservatives these are best used within a couple weeks. Keep in a cool dark place or freeze for later use.

All
Natural

\$2.88/bag

small dog biscuits

#434 Order number of bags. Preservative free! Bag of 12 smaller dog treats. Ingredients: whole wheat flour, flour, oats, cornmeal, wheat germ, broth from free-range chickens, mint and parsley. Due to no preservatives these are best used within two weeks. Can be frozen for longer storage. (My husband likes to nibble on these too!)

All
Natural

\$2.88/bag