
Idaho's Bounty Food Co-op, Inc. July 2010 List of New Products

Vegetables

Cabbages and Cabbage Family

#	Product	Type	Price
Cabalo's Orchard & Gardens			
	Broccoli		
#2871	Order number of heads. Full smooth heads of broccoli. Our produce is grown using organic methods of production however we are not "Certified Organic".	All Natural	\$1.69/head
	Kohlrabi		
#2872	Order number of kohlrabis. This member of the cabbage family grows a round ball above the ground. When eaten raw it tastes like a cross between a turnip and a radish. When cooked it tastes like cabbage heart. Our produce is grown using organic methods of production however we are not "Certified Organic".	All Natural	\$3.92/kohlrabi

Carrots

#	Product	Type	Price
Rice Family Farms			
	Rainbow Nantes Carrots w/tops (NEW CROP)		
#2853	Order number of bunches. 6-8 inch SWEET TENDER CRISP new crop yellow orange and purple carrots in bunches of 7-10. colorful tender crisp sweet medley of carrots....they pop in your mouth.	Certified Organic	\$3.49/bunch

Sugar Loaf Farm

	Cosmic Purple Carrots		
#2881	Order number of bunches. This heirloom carrot has a unique purple skin that conceals the beautiful yellow orange interior loaded with sweet & crunchy flavor. These carrots look stunning when sliced raw. Purple carrots are high in Vitamin A and anthocyanin, an antioxidant. One bunch has 12 hand picked & rinsed carrots that are grown all natural without any chemicals, pesticides, etc.	All Natural	\$3.99/bunch

Cucumbers

#	Product	Type	Price
Springs of Life			
	English Cucumbers.		
#2864	Order number of Ones. Best testing. Long, slender cucumber.	All Natural	\$4.06/cucumber

Fresh Beans

#	Product	Type	Price
Rice Family Farms			
	5# Bag Organic French Fillet Beans		
#2884	Order number of bags. Harder to pick...but awesome flavor and taste when they finally get on your fork.	Certified Organic	\$18.94/5#bag

Misc. Vegetables

#	Product	Type	Price
Prairie Sun Farm			
	4 bunches of small white turnips		
#2856	Order number of bags. Four bunches of small to medium size white turnips. Perfect for roasting, mashing or for salad.	All Natural	\$8.79/bag

Onions

#	Product	Type	Price
MM Heath Farms Inc.			
ONIONS			
#2857	Order number of bunches. These are sweet Organic onions, two small-medium onions per bunch.	Certified Organic	\$4.00/bunch

Sugar Loaf Farm

Scallions			
#2885	Order number of bunches. These fresh, hand picked scallions are wonderful for grilling or fresh eating. One bunch has seven scallions that are hand rinsed & grown all natural without any chemicals, pesticides, etc.	All Natural	\$3.99/bunch
White Onions			
#2893	Order number of bunches. These fresh white onions are hand picked and rinsed. One bunch has three medium size onions that are grown all natural without any chemicals, pesticides, etc.	All Natural	\$4.99/bunch
Yellow Onions			
#2891	Order number of bunches. These fresh yellow onions are hand picked and rinsed. One bunch has three medium size onions that are grown all natural without any chemicals, pesticides, etc.	All Natural	\$4.99/bunch

Potatoes

#	Product	Type	Price
Sugar Loaf Farm			
New Purple Viking Potatoes			
#2888	Order number of bags. These heirloom purple potatoes have a striking deep purple skin with a brilliant white flesh. One bag has two pounds of unwashed potatoes that are colorful & will be the topic at your next meal! These potatoes are grown all natural without any chemicals, pesticides, etc.	All Natural	\$7.98/2 lb bag
New Red Lasado Potatoes			
#2889	Order number of bags. These new red lasado heirloom potatoes have bright red skin and a round shape. One bag has two pounds of unwashed potatoes placed in a biodegradable produce bag. These potatoes are grown all natural without any chemicals, pesticides, etc.	All Natural	\$4.99/2 lb bag
New Red Norland Potatoes			
#2895	Order number of bags. This heirloom variety of red potatoes a bright red skin and a white creamy flesh. One bag has two pounds of unwashed, fresh new red norlands placed in a biodegradable produce bag. These flavorful potatoes are grown all natural without any chemicals, pesticides, etc.	All Natural	\$4.99/2 lb bag

Root Vegetables

#	Product	Type	Price
MM Heath Farms Inc.			
Beets			
#2883	Order number of bunches. Red Beets with white flesh and beet greens. 4 beets in a bunch.	Certified Organic	\$4.06/bunch

Summer Squash

#	Product	Type	Price
Springs of Life			
#2862	Zucchini Order number of Two pounds.	All Natural	\$2.71/pound

Fruits

Berries and Strawberries

#	Product	Type	Price
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Sugar Loaf Farm

Gooseberries

#2852	Order number of half pints. These fresh, hand picked & rinsed gooseberries are sweet & delicious to snack on or to make your favorite dessert. Use the gooseberries as you would strawberries. The red to purple gooseberries are ripe & tasty, unlike the tart, unripe green berries. One half pint package has eight ounces of ripe gooseberries that are grown all natural without any chemicals, pesticides, etc.	All Natural	\$6.99/Half Pint
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Gooseberries

#2873	Order number of pints. These fresh, hand picked & rinsed gooseberries are sweet & delicious to snack on or to make your favorite dessert. Use the gooseberries as you would strawberries. The red to purple gooseberries are ripe & tasty, unlike the tart, unripe green berries. One pint has 16 ounces of ripe gooseberries that are grown all natural without any chemicals, pesticides, etc.	All Natural	\$12.99/Pint
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Peaches

#	Product	Type	Price
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Waterwheel Gardens

"Early Red Haven" Peaches - 20+ LBS

#2878	Order number of Boxes. First of the year so they may need a day or two to soften up. These are a great variety for fresh eating. Sweet and Juicy! Cling-stone. 20+lbs Box		\$74.41/Box
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Dairy and Eggs

Eggs

#	Product	Type	Price
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Golden Premier Farms

Beautiful Golden Brown Eggs

#2877	Order number of 18 packs. All Natural Brown Eggs. Our eggs are graded AA. Our chicks are raised to full grown healthy chickens right here on the farm. Our chickens are fed our own blend of all natural and organic whole grains. We never use GM products, Antibiotics, Hormones and Steroids. Eggs are the most vitamin and mineral enriched natural product on the market today. The 18 pack is medium size eggs. We do not sale small or petite eggs.	80% Organic	\$4.60/18 Pack
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Snake River Poultry

Pullet Eggs, pastured

#2875	Order number of dozen. Our hens are on pasture and are supplemented with organic grains. These are pullet eggs and will be small.	All Natural	\$3.50/dozen
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Tanglewood Garden

Farm fresh eggs

#2876	Order number of doz.s. Our hens are pastured in a semi-fenced large pasture when we are home & in a more secure fenced large pasture when we are gone to protect them from predators. We feed non GMO feed & wheat which we sprout, so they have fresh sprouts daily. We also add kelp to their feed & vinegar to their water for overall health.	All Natural	\$4.06/doz.
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Meats

Lamb

#	Product	Type	Price
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Crossroads Ranch

lamb loin chops

#2860	Order number of 1 lb packages. Delightful, anyway way you would like to cook and then be surprised by the succulent tast.	All Natural	\$14.38/package
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Riblets

#2861	Order number of packages. Riblets - Oh what a taste they have, they might be small but you will be asking for more. Order 1lb packages.	All Natural	\$5.74/package
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Pork

#	Product	Type	Price
MM Heath Farms Inc.			
	Pork Roast		
#2868	Order number of packages. You will be billed for exact weight (approx. 1 - 2.5 pounds) from pigs finished on all organic diet	All Natural	\$5.41/pound

Honey & Molasses

Honey

#	Product	Type	Price
VeeBee Honey			
	Raw Honey - Buy one get one for half price!		
#2874	Order number of special offes. Our same delicious raw honey from the Magic and Wood River Valleys. Buy one gallon bucket and get the second gallon bucket for half price. Two gallons -- 8 quarts -- 16 pints -- 48 pounds -- how ever you want to measure it, for only \$53.48!	All Natural	\$53.48/2 gallons

Health and Beauty

Soap

#	Product	Type	Price
Boise Soap Company			
	Peppermint Glycerin Gel Cleanser		
#2869	Order number of 16 oz. bottls. Peppermint Glycerin Gel Cleanser is a mild but effective castile soap. Available in a pump bottle for easy use at the sink on hands and dishes. Also makes a fun, sudsy shower gel. Use it daily in your home or take it camping--it's completely biodegradable and works for all-purpose cleaning! Scented with organic mint essential oil sourced from local Nampa, Idaho farms. Available in 16 oz. pump bottles.	All Natural	\$6.01/16oz. bottle